

Individual Best Times (All Time)

Zara Chappell - (1293550) - Adwick (Doncaster) SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.61	38.10	228	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
100 Freestyle	1:36.07	1:35.20	155	03/12/16	Bo Barnsley 21st Annual Christmas Sprint	Sheffield	NE160960	3
50 Breaststroke	50.30	49.70	194	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
100 Breaststroke	1:47.64	1:46.50	211	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
50 Butterfly	46.79	46.40	142	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
50 Backstroke	43.63	43.20	233	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
100 Backstroke	1:36.30	1:35.50	210	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
200 Individual Medley	3:21.63	3:19.70	244	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.67	37.20	244	17/06/17	Scarborough Annual A & B Graded Meet	Scarborough	NE170491	3
100 Freestyle	1:25.54	1:26.50	202	18/06/17	Scarborough Annual A & B Graded Meet	Scarborough	NE170491	3
200 Freestyle	3:14.72	3:16.50	181	24/09/16	Adwick Home Championships	Adwick	NE161756	4
50 Breaststroke	47.03	47.70	219	28/01/18	Alec James BML Individual Championships 2017	Adwick	NE180486	3
100 Breaststroke	1:53.91	1:55.00	164	17/06/17	Scarborough Annual A & B Graded Meet	Scarborough	NE170491	3
200 Breaststroke	4:00.54	4:02.70	175	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
50 Butterfly	40.86	41.30	212	28/01/18	Alec James BML Individual Championships 2017	Adwick	NE180486	3
50 Backstroke	40.71	41.20	238	28/01/18	Alec James BML Individual Championships 2017	Adwick	NE180486	3
100 Backstroke	1:38.34	1:39.20	173	19/06/16	Scarborough Annual A & B Graded Meet	Scarborough	NE160150	3
200 Backstroke	3:23.09	3:24.70	200	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
200 Individual Medley	3:30.14	3:32.00	195	17/06/17	Scarborough Annual A & B Graded Meet	Scarborough	NE170491	3
100 Individual Medley	1:34.16	1:34.20	216	18/06/17	Scarborough Annual A & B Graded Meet	Scarborough	NE170491	3