

Individual Best Times (All Time)

Jessica Panther - (1293546) - Adwick (Doncaster) SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.70	38.30	225	11/11/17	Adwick Home Championships	Adwick	NE171578	4
100 Freestyle	1:35.46	1:36.30	145	09/10/16	DMASA Individual Champs ('The Mets')	Adwick	NE161698	4
200 Freestyle	3:34.31	3:35.90	136	24/09/16	Adwick Home Championships	Adwick	NE161756	4
50 Breaststroke	48.21	48.90	203	11/11/17	Adwick Home Championships	Adwick	NE171578	4
100 Breaststroke	1:51.31	1:52.40	175	08/10/16	DMASA Individual Champs ('The Mets')	Adwick	NE161698	4
200 Breaststroke	4:03.06	4:05.20	169	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
50 Butterfly	52.91	53.30	97	28/01/18	Alec James BML Individual Championships 2017	Adwick	NE180486	3
50 Backstroke	44.70	45.10	180	12/11/17	Adwick Home Championships	Adwick	NE171578	4
100 Backstroke	1:46.91	1:47.70	135	08/10/16	DMASA Individual Champs ('The Mets')	Adwick	NE161698	4
200 Backstroke	3:42.32	3:43.80	153	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
200 Individual Medley	3:45.81	3:47.60	157	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
100 Individual Medley	1:36.80	1:36.80	198	11/11/17	Adwick Home Championships	Adwick	NE171578	4