

Individual Best Times (All Time)

Alex Taylor - (1293402) - Tranent ASC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-----------|----------|-------|
| 50 Freestyle | 25.61 | 24.80 | 544 | 12/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 100 Freestyle | 57.95 | 56.50 | 528 | 16/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 200 Freestyle | 2:09.62 | 2:06.90 | 487 | 29/06/24 | 2024 Scottish National Open Swimming Championships | Edinburgh | SS241309 | 1 |
| 400 Freestyle | 4:31.79 | 4:26.60 | 530 | 11/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 800 Freestyle | 10:22.25 | 10:12.90 | 383 | 16/04/23 | Scottish National Age Group Championships | Aberdeen | SCO2016 | 1 |
| 50 Breaststroke | 36.38 | 35.50 | 362 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 100 Breaststroke | 1:25.17 | 1:23.70 | 297 | 16/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 50 Butterfly | 28.12 | 27.40 | 496 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 100 Butterfly | 1:03.13 | 1:01.90 | 480 | 17/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 200 Butterfly | 2:29.90 | 2:27.80 | 398 | 04/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 50 Backstroke | 30.39 | 29.70 | 465 | 14/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |
| 100 Backstroke | 1:07.53 | 1:06.30 | 446 | 17/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 200 Backstroke | 2:30.66 | 2:28.40 | 409 | 03/02/24 | East District Age Groups 2024 | Edinburgh | SCO2149 | 1 |
| 200 Individual Medley | 2:32.08 | 2:29.50 | 421 | 17/03/24 | East District Age Group Champs R3 2024 | Edinburgh | SCO2168 | 1 |
| 400 Individual Medley | 5:17.08 | 5:11.50 | 447 | 13/04/24 | 2024 Scottish National Age Group Swimming Champs | Aberdeen | SS240959 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|---|----------------------|---------|-------|
| 50 Freestyle | 25.28 | 26.10 | 507 | 16/12/23 | Scottish National League Finals | Glenrothes | SCO2128 | 1 |
| 100 Freestyle | 57.21 | 58.70 | 481 | 04/11/23 | SASA North District Open Championships 2023 | Aberdeen | SCO2083 | 2 |
| 200 Freestyle | 2:07.58 | 2:10.30 | 472 | 14/10/23 | SWL Distance Meet 2023 | Xcite Bathgate | SCO2074 | 2 |
| 400 Freestyle | 4:30.98 | 4:36.10 | 480 | 25/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |
| 800 Freestyle | 9:13.06 | 9:23.40 | 515 | 25/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |
| 1500 Freestyle | 17:37.93 | 17:57.20 | 512 | 26/11/23 | East District Age Groups 2023 | Glenrothes | SCO2156 | 2 |
| 50 Breaststroke | 37.58 | 38.40 | 292 | 05/02/23 | ELST Age Group Meet 2023 | Prestonpans | SCO1978 | 2 |
| 100 Breaststroke | 1:20.66 | 1:22.20 | 321 | 10/06/23 | Warrender End of Season SC Meet | Glenrothes | SCO2045 | 2 |
| 200 Breaststroke | 3:04.31 | 3:07.20 | 277 | 04/02/23 | ELST Age Group Meet 2023 | Prestonpans | SCO1978 | 2 |
| 50 Butterfly | 28.69 | 29.30 | 435 | 07/10/23 | Hearts Premier Age Group Meet 2023 | Michael Woods Centre | SCO2077 | 3 |
| 100 Butterfly | 1:06.75 | 1:07.90 | 366 | 11/06/23 | Warrender End of Season SC Meet | Glenrothes | SCO2045 | 2 |
| 200 Butterfly | 2:40.93 | 2:42.90 | 292 | 04/02/23 | ELST Age Group Meet 2023 | Prestonpans | SCO1978 | 2 |
| 50 Backstroke | 31.06 | 31.70 | 360 | 07/10/23 | Hearts Premier Age Group Meet 2023 | Michael Woods Centre | SCO2112 | 2 |
| 100 Backstroke | 1:08.70 | 1:09.90 | 348 | 10/06/23 | Warrender End of Season SC Meet | Glenrothes | SCO2045 | 2 |
| 200 Backstroke | 2:34.56 | 2:36.70 | 319 | 11/06/23 | Warrender End of Season SC Meet | Glenrothes | SCO2045 | 2 |
| 200 Individual Medley | 2:27.51 | 2:30.20 | 410 | 05/11/23 | SASA North District Open Championships 2023 | Aberdeen | SCO2083 | 2 |
| 400 Individual Medley | 5:09.75 | 5:15.40 | 435 | 04/11/23 | SASA North District Open Championships 2023 | Aberdeen | SCO2083 | 2 |
| 100 Individual Medley | 1:35.37 | 1:35.40 | 137 | 07/09/19 | East Lothian Championships 2019 | Mercat Gait Centre | SCO1699 | 2 |