

Individual Best Times (All Time)

Cait Cotter - (1290958) - Chelmsford City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.50	28.80	512	30/03/24	City of Norwich Easter Meet 2024	Norwich	ER240267	1
100 Freestyle	1:00.77	59.40	616	11/05/24	Romford Last Chance L1 National Qualifier Meet 24	Crawley	LR240632	1
200 Freestyle	2:07.31	2:04.60	696	04/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
400 Freestyle	4:21.59	4:16.20	728	05/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
800 Freestyle	9:00.96	8:50.20	719	07/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
1500 Freestyle	17:20.25	17:00.30	692	23/02/24	2024 Essex County Age Group Championships	London	ER240055	1
50 Breaststroke	35.47	34.60	555	04/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
100 Breaststroke	1:19.14	1:17.50	532	12/03/23	Putteridge SC Spring LC National Qualifier 2023	Luton	ER230013	1
200 Breaststroke	2:44.40	2:41.20	585	01/04/23	NUEL SC National Qualifier Open Meet 2023	Stratford	LR230468	1
50 Butterfly	29.79	29.10	551	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
100 Butterfly	1:04.87	1:03.70	625	21/04/24	Swim England East Region LC Championships 2024	Luton	ER240236	1
200 Butterfly	2:22.75	2:20.50	621	25/07/23	British Summer Championships	Sheffield	BSW025	1
50 Backstroke	32.13	31.50	584	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:08.91	1:07.70	575	10/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	ER240200	1
200 Backstroke	2:26.47	2:24.20	594	20/04/24	Swim England East Region LC Championships 2024	Luton	ER240236	1
200 Individual Medley	2:21.83	2:19.00	703	04/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
400 Individual Medley	4:57.32	4:51.40	715	04/04/23	British Swimming Championships 2023	Sheffield	BSW024	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.94	28.70	552	21/10/23	Chelmsford City Club Champs 2023	Riverside	ER231555	4
100 Freestyle	58.89	1:00.30	621	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
200 Freestyle	2:03.71	2:06.50	708	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
400 Freestyle	4:16.97	4:22.40	729	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
800 Freestyle	8:46.55	8:57.40	745	17/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
1500 Freestyle	16:43.58	17:03.90	741	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
50 Breaststroke	34.55	35.40	553	23/09/23	Chelmsford City Club Champs 2023	Riverside	ER231553	4
100 Breaststroke	1:13.98	1:15.70	598	10/12/22	National Arena Swimming League South 2022 - R3	Burgess Hill	SE222474	3
200 Breaststroke	2:38.15	2:41.40	616	26/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
50 Butterfly	29.77	30.40	549	04/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
100 Butterfly	1:04.11	1:05.30	599	23/06/24	Hatfield Summer Meet 2024	Hatfield	ER240174	2
200 Butterfly	2:19.95	2:22.20	624	22/10/22	Chelmsford City SC Club Champs 2022	Riverside	ER221705	4
50 Backstroke	32.07	32.70	488	26/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
100 Backstroke	1:06.56	1:07.80	560	25/02/23	Essex Age Group County Championships 2023	Basildon	ER230023	2
200 Backstroke	2:19.02	2:21.40	626	30/09/23	Chelmsford City Club Champs 2023	Riverside	ER231554	4
200 Individual Medley	2:19.46	2:22.30	667	11/11/23	National Arena Swimming League South R2 2023	Guildford	SE232475	3
400 Individual Medley	4:53.91	4:59.80	683	04/11/23	SE East Region Short Course Championships 2023	Luton	ER231769	2
100 Individual Medley	1:06.90	1:06.90	602	21/10/23	Chelmsford City Club Champs 2023	Riverside	ER231555	4