

Individual Best Times (All Time)

Jennifer Law - (1289043) - Harrogate District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.96	30.30	443	14/01/18	City of Derby 17th LC Level 1 Licensed Open Meet	Sheffield	EM180084	1
100 Freestyle	1:06.12	1:04.80	478	10/02/19	Yorkshire County Championships	Leeds	NE190128	1
200 Freestyle	2:29.39	2:27.00	431	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	NE191610	3
50 Breaststroke	36.92	36.10	492	13/05/18	Manchester Open Meet 2018	Manchester	NW180648	1
100 Breaststroke	1:20.15	1:18.60	512	20/05/18	North East Region Championships	Leeds	NE180151	1
200 Breaststroke	2:55.70	2:52.70	479	12/05/18	Manchester Open Meet 2018	Manchester	NW180648	1
50 Butterfly	37.96	37.50	266	24/03/18	City of Sheffield Swim Squad Premier Meet 2018	Sheffield	NE180164	1
50 Backstroke	35.27	34.70	441	22/02/20	Yorkshire County Championships Level of Meet	Sheffield	NE200185	1
100 Backstroke	1:20.04	1:19.00	367	23/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
200 Backstroke	2:50.15	2:48.20	379	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	NE220036	1
200 Individual Medley	2:51.74	2:49.40	396	07/04/18	Derwentio Excel 12th Long Course Open Meet	Sheffield	EM180269	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.98	30.70	447	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Freestyle	1:04.44	1:05.70	474	20/10/19	Yorkshire Swimming Association Winter Competition	Sheffield	NE192012	2
200 Freestyle	2:22.98	2:25.40	459	08/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	NE182126	3
400 Freestyle	4:59.72	5:04.40	459	09/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	NE182126	3
800 Freestyle	10:50.50	10:59.30	395	01/10/18	Harrogate District Club Championships	Harrogate Hydro	NE182318	4
1500 Freestyle	21:35.86	21:51.70	344	18/11/19	Harrogate Club Championships	Harrogate	NE193036	4
50 Breaststroke	35.85	36.70	495	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Breaststroke	1:17.52	1:19.10	520	09/10/21	Yorkshire Winter Champs	Leeds	NE210309	2
200 Breaststroke	2:48.20	2:51.30	512	07/11/21	SE North East Region Open Championships (25m) 2021	Sheffield	NE210917	2
50 Butterfly	36.56	37.10	296	06/01/18	Harrogate Janus A & B Grade Meet	Harrogate	NE180140	3
100 Butterfly	1:34.26	1:35.10	188	11/12/16	Middlesbrough Christmas Meet	Middlesbrough	NE161276	3
200 Butterfly	3:20.06	3:21.60	213	15/10/18	Harrogate District Club Championships	Harrogate Hydro	NE182320	4
50 Backstroke	34.64	35.20	387	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Backstroke	1:13.53	1:14.60	415	07/03/20	York City Baths Club Spring Swim Extravaganza 2020	Leeds	NE200161	3
200 Backstroke	2:39.70	2:41.80	413	07/03/20	York City Baths Club Spring Swim Extravaganza 2020	Leeds	NE200161	3
200 Individual Medley	2:38.62	2:41.10	453	22/09/19	Billingham ASC Autumn Meet 2019	Billingham	NE191138	3
400 Individual Medley	5:46.03	5:51.10	419	17/09/18	Harrogate District Club Championships	Harrogate Hydro	NE182317	4
100 Individual Medley	1:14.06	1:14.10	444	08/03/20	York City Baths Club Spring Swim Extravaganza 2020	Leeds	NE200161	3