

Individual Best Times (All Time)

Hazel Forrest - (1289042) - Harrogate District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.19	32.60	359	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	NE191610	3
100 Freestyle	1:08.29	1:07.10	434	21/12/19	City of Leeds Xmas Meet 2019	Leeds	NE190130	3
400 Freestyle	5:02.59	4:57.90	470	21/12/19	City of Leeds Xmas Meet 2019	Leeds	NE190130	3
1500 Freestyle	19:47.51	19:30.00	465	09/02/20	Yorkshire County Championships Level of Meet	Leeds	NE200184	1
50 Butterfly	35.51	35.00	325	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	NE191610	3
50 Backstroke	38.08	37.50	350	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	NE191610	3
100 Backstroke	1:21.21	1:20.20	351	13/07/19	Richmond Dales Summer Madness Gala 2019	Leeds	NE191610	3
200 Backstroke	2:49.02	2:47.00	386	21/12/19	City of Leeds Xmas Meet 2019	Leeds	NE190130	3
200 Individual Medley	2:47.73	2:45.40	425	21/12/19	City of Leeds Xmas Meet 2019	Leeds	NE190130	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.25	31.90	395	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	NE192243	3
100 Freestyle	1:06.98	1:08.20	422	08/03/20	York City Baths Club Spring Swim Extravaganza 2020	Leeds	NE200161	3
200 Freestyle	2:21.90	2:24.30	469	08/03/20	York City Baths Club Spring Swim Extravaganza 2020	Leeds	NE200161	3
400 Freestyle	5:01.71	5:06.30	450	15/06/19	Harrogate Summer A Grade Meet	Harrogate	NE190473	3
800 Freestyle	10:19.33	10:28.60	458	11/11/19	Harrogate Club Championships	Harrogate	NE193035	4
1500 Freestyle	19:40.95	19:58.30	454	18/11/19	Harrogate Club Championships	Harrogate	NE193036	4
50 Breaststroke	45.14	45.80	248	03/06/19	Harrogate District SC Summer Club Championships	Harrogate Hydro	NE192013	4
100 Breaststroke	1:37.04	1:38.30	265	30/03/19	Harrogate Spa Town A&B Grade Meet	Harrogate	NE190472	3
200 Breaststroke	3:20.56	3:23.20	302	14/10/19	Harrogate Club Championships	Harrogate	NE193034	4
50 Butterfly	34.85	35.40	342	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	NE192243	3
100 Butterfly	1:17.71	1:18.70	336	21/09/19	Billingham ASC Autumn Meet 2019	Billingham	NE191138	3
200 Butterfly	2:57.09	2:58.90	308	07/10/19	Harrogate Club Championships	Harrogate	NE193033	4
50 Backstroke	35.87	36.40	348	08/03/20	York City Baths Club Spring Swim Extravaganza 2020	Leeds	NE200161	3
100 Backstroke	1:15.60	1:16.70	382	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	NE192243	3
200 Backstroke	2:46.05	2:48.00	367	21/09/19	Billingham ASC Autumn Meet 2019	Billingham	NE191138	3
200 Individual Medley	2:43.95	2:46.30	410	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	NE192243	3
400 Individual Medley	5:47.86	5:52.90	412	20/10/19	Middlesbrough ASC Halloween 2019 Meet	Middlesbrough	NE192242	2
100 Individual Medley	1:22.22	1:22.20	324	03/06/19	Harrogate District SC Summer Club Championships	Harrogate Hydro	NE192013	4