

# Individual Best Times (All Time)

Dmitry Belonogoff - (1286855) - Guildford City Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.25	33.60	227	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Freestyle	1:17.13	1:16.00	224	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Freestyle	2:53.03	2:51.00	204	26/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
50 Breaststroke	43.84	43.10	207	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Breaststroke	1:42.50	1:41.30	170	26/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
200 Breaststroke	3:41.34	3:38.90	182	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
50 Butterfly	39.84	39.40	174	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
50 Backstroke	41.69	41.20	180	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.30	29.00	361	26/06/22	Guildford City SC Mini Commonwealth Games	Spectrum LC	SE220710	3
100 Freestyle	58.17	59.60	458	01/07/23	Putteridge SC End of Season Summer SC Open 2023	Luton	ER230160	2
200 Freestyle	2:04.69	2:07.40	506	01/07/23	Putteridge SC End of Season Summer SC Open 2023	Luton	ER230160	2
400 Freestyle	5:09.75	5:14.30	321	15/06/21	Guildford City	Surrey Sports Park	LEX2159	0
800 Freestyle	9:05.05	9:15.50	538	05/01/24	Guildford City Club Distance Time Trial	Guildford	SE240366	4
50 Breaststroke	31.84	32.80	481	02/07/23	Putteridge SC End of Season Summer SC Open 2023	Luton	ER230160	2
100 Breaststroke	1:26.80	1:28.20	258	08/06/21	Guildford City	Surrey Sports Park	LEX1815	0
200 Breaststroke	2:29.35	2:32.80	520	02/07/23	Putteridge SC End of Season Summer SC Open 2023	Luton	ER230160	2
50 Butterfly	31.62	32.20	325	26/06/22	Guildford City SC Mini Commonwealth Games	Spectrum LC	SE220710	3
200 Butterfly	2:46.03	2:47.90	266	26/06/22	Guildford City SC Mini Commonwealth Games	Spectrum LC	SE220710	3
50 Backstroke	39.81	40.30	171	19/10/19	Guildford City Invitational Surrey Network Junior	Spectrum LC	SE191742	4
100 Backstroke	1:11.72	1:12.80	306	26/06/22	Guildford City SC Mini Commonwealth Games	Spectrum LC	SE220710	3
200 Backstroke	3:03.11	3:04.90	191	30/11/19	Guildford City Swimming Club County Qualifier	Spectrum LC	SE191743	3
200 Individual Medley	3:06.44	3:08.50	203	01/12/19	Guildford City Swimming Club County Qualifier	Spectrum LC	SE191743	3
400 Individual Medley	5:16.30	5:21.80	409	07/01/23	Guildford City SC L3 Last Chance County Qualifier	Guildford	SE230064	3