

Individual Best Times (All Time)

Emily Rotherham - (1280459) - Orion SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.76	30.10	452	04/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
100 Freestyle	1:09.59	1:08.40	410	21/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
200 Freestyle	2:31.54	2:29.20	412	15/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
400 Freestyle	5:32.77	5:28.50	353	17/07/22	City of Bristol Summer Festival	Hengrove	SW220765	3
50 Breaststroke	53.26	52.70	164	16/07/22	City of Bristol Summer Festival	Hengrove	SW220765	3
200 Breaststroke	4:31.29	4:29.30	130	21/07/19	City of Sheffield Swim Squad Summer Meet	Sheffield	NE190404	3
50 Butterfly	33.20	32.60	398	01/05/23	West Midland Regional Summer Championships 2023	Coventry	WM230351	1
100 Butterfly	1:19.34	1:18.40	341	16/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
50 Backstroke	34.95	34.40	453	04/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
100 Backstroke	1:18.67	1:17.60	387	20/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
200 Backstroke	2:50.09	2:48.10	379	03/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
200 Individual Medley	3:04.06	3:01.90	321	05/02/22	Warwickshire Swimming Championships	Coventry	WM220017	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.92	30.60	450	19/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
100 Freestyle	1:07.32	1:08.60	415	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2
200 Freestyle	2:25.74	2:28.10	433	09/06/24	City of Birmingham Summer Meet 2024	Birmingham	WM240153	3
400 Freestyle	5:10.59	5:15.10	413	17/03/24	Wolverhampton SC Spring Open Meet 2024	Wolverhampton	WM240184	3
800 Freestyle	10:49.40	10:58.30	397	28/06/23	Orion Long Distance Club Championships 2023	Birmingham	WM231294	4
50 Breaststroke	44.98	45.70	250	07/10/23	Orion & Uni of Birmingham Club Championships 2023	Birmingham	WM232032	4
100 Breaststroke	1:40.32	1:41.60	240	08/10/23	Orion & Uni of Birmingham Club Championships 2023	Birmingham	WM232032	4
200 Breaststroke	4:33.89	4:35.80	118	17/11/18	Hereford Winter Open Meet	Hereford	WM180935	3
50 Butterfly	32.24	32.80	432	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
100 Butterfly	1:13.23	1:14.30	402	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
200 Butterfly	2:59.77	3:01.50	294	18/03/23	City of Coventry John Hughes Open Meet 2023	Coventry	WM230168	3
50 Backstroke	33.49	34.10	428	19/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
100 Backstroke	1:11.25	1:12.40	457	18/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
200 Backstroke	2:38.69	2:40.80	421	19/05/24	Southwold May L3 Meet 2024	Gloucester	SW240646	3
200 Individual Medley	2:53.33	2:55.60	347	26/11/23	The 16th Boldmere Open 2023	Birmingham	WM232244	3
400 Individual Medley	6:02.79	6:07.60	363	21/06/23	Orion Long Distance Club Championships 2023	Birmingham	WM231293	4
100 Individual Medley	1:20.54	1:20.50	345	21/10/23	City of Birmingham Winter Open Meet 2023	Birmingham	WM230773	2