

# Individual Best Times (All Time)

Esme Lancaster - (1280091) - Doncaster Darts SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.95	35.40	283	22/07/17	City of Sheffield Summer Meet	Sheffield	NE170250	3
200 Freestyle	3:00.47	2:58.50	244	22/07/17	City of Sheffield Summer Meet	Sheffield	NE170250	3
100 Breaststroke	1:44.58	1:43.40	230	22/07/17	City of Sheffield Summer Meet	Sheffield	NE170250	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.29	35.90	274	12/11/17	Adwick Home Championships	Adwick	NE171578	4
100 Freestyle	1:17.56	1:18.60	271	08/10/17	Doncaster Mets Individual Championships	Doncaster	NE171805	3
200 Freestyle	3:08.91	3:10.70	199	24/09/16	Adwick Home Championships	Adwick	NE161756	4
50 Breaststroke	45.42	46.10	243	01/10/17	Yorkshire SA Winter Competition	Leeds	NE171862	2
100 Breaststroke	1:38.51	1:39.80	253	07/10/17	Doncaster Mets Individual Championships	Doncaster	NE171805	3
200 Breaststroke	3:34.20	3:36.70	247	02/04/17	KUH SC A B Easter Short Course Meet	Kingston Upon Hull	NE170411	3
50 Butterfly	44.50	44.90	164	04/06/17	Doncaster Darts B Grade Meet	Adwick	NE170603	3
100 Butterfly	1:43.44	1:44.20	142	07/10/17	Doncaster Mets Individual Championships	Doncaster	NE171805	3
50 Backstroke	41.20	41.70	230	11/11/17	Adwick Home Championships	Adwick	NE171578	4
100 Backstroke	1:31.32	1:32.20	217	07/10/17	Doncaster Mets Individual Championships	Doncaster	NE171805	3
200 Backstroke	3:22.09	3:23.70	203	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
200 Individual Medley	3:25.16	3:27.10	209	22/10/16	Adwick ASC Home Championships	Adwick	NE161757	4
100 Individual Medley	1:27.37	1:27.40	270	11/11/17	Adwick Home Championships	Adwick	NE171578	4