

Individual Best Times (All Time)

Matthew Antrobus - (1279383) - Harpenden Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	44.80	44.30	101	18/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3
100 Freestyle	1:43.08	1:42.30	93	19/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3
50 Breaststroke	1:00.34	59.80	79	18/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3
50 Backstroke	45.76	45.30	136	19/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3
100 Backstroke	1:43.32	1:42.50	124	18/02/17	WDSC BC Age Group Long Course Meet 2017	Wycombe	SE170369	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.94	39.50	138	30/09/17	Harpenden Legacy Open Meet 2017	Borehamwood	ER171248	3
100 Freestyle	1:33.58	1:34.50	110	24/06/17	Hoddesdon Summer Sprint	Harlow	ER170856	3
200 Freestyle	3:34.17	3:35.80	99	20/05/17	Hemel Hempstead Spring Development Meet	Hemel Hempstead	ER170858	3
50 Breaststroke	57.74	58.30	80	24/06/17	Hoddesdon Summer Sprint	Harlow	ER170856	3
50 Butterfly	58.64	59.00	51	30/09/17	Harpenden Legacy Open Meet 2017	Borehamwood	ER171248	3
50 Backstroke	43.59	44.00	130	14/10/17	NASL - London Rounds 2017 - Division 1 & 2	Lewisham	ER172118	3
100 Backstroke	1:35.56	1:36.40	129	01/10/17	Harpenden Legacy Open Meet 2017	Borehamwood	ER171248	3
100 Individual Medley	1:46.94	1:46.90	97	01/10/17	Harpenden Legacy Open Meet 2017	Borehamwood	ER171248	3