

# Individual Best Times (All Time)

Jonathon Waters - (1275600) - Preston Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.95	24.10	588	20/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Freestyle	57.07	55.60	553	27/01/24	Lancashire County Championships 2024	Manchester	NW240296	1
200 Freestyle	2:05.32	2:02.50	539	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
400 Freestyle	4:45.01	4:40.00	460	23/04/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
800 Freestyle	10:00.72	9:51.00	426	12/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230073	1
50 Breaststroke	30.42	29.40	620	21/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
100 Breaststroke	1:09.14	1:07.30	556	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
200 Breaststroke	2:35.12	2:31.70	529	20/04/24	SENW Regional Summer Championships 2024	Manchester	NW240304	1
50 Butterfly	28.59	27.90	472	23/04/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
100 Butterfly	1:08.21	1:07.10	381	30/04/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
50 Backstroke	31.65	31.00	411	02/04/23	Derwentio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
100 Backstroke	1:12.88	1:11.80	354	06/02/22	Lancs County Age Groups & Championships 2022	Wavertree LC	NW220241	1
200 Backstroke	2:36.19	2:34.00	367	24/04/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
200 Individual Medley	2:23.20	2:20.40	504	16/03/24	Derby Excel Spring Qualifier 2024	Sheffield	EM240136	1
400 Individual Medley	5:32.15	5:26.80	389	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.10	25.90	518	04/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
100 Freestyle	55.41	56.90	529	19/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
200 Freestyle	2:01.24	2:04.10	550	03/12/23	Preston Swimming Club Club Champs 2023	Westview LC	NW232570	3
400 Freestyle	4:39.02	4:44.00	440	19/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2
800 Freestyle	9:15.55	9:25.80	508	10/11/22	Blackpool Aquatics SC Club Championships 2022	Blackpool	NW222177	4
50 Breaststroke	30.22	31.20	562	05/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
100 Breaststroke	1:07.23	1:09.10	555	05/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
200 Breaststroke	2:30.07	2:33.50	513	02/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
50 Butterfly	27.74	28.40	482	04/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
100 Butterfly	1:05.09	1:06.20	395	17/09/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221654	2
50 Backstroke	30.32	31.00	387	28/05/22	Blackpool Rocks 2022	Blackpool	NW220394	3
100 Backstroke	1:08.58	1:09.70	349	16/10/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221655	2
200 Backstroke	2:29.93	2:32.10	349	12/12/21	Blackpool Aquatics Club Championships 2021	Palatine LC	NW211513	4
200 Individual Medley	2:20.76	2:23.50	472	03/03/24	Burnley Bobcats 2024	Darwen	NW240098	3
400 Individual Medley	5:08.25	5:13.90	442	17/09/23	North Lancs S&WPA Level 2 Meet 2023	Blackpool	NW231623	2
100 Individual Medley	1:05.99	1:06.00	416	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3