

Individual Best Times (All Time)

Quinn Coppen - (1272926) - Long Eaton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.70	28.00	386	04/02/24	Derbyshire ASA County Championships 2024	Derby	EM240084	1
50 Breaststroke	34.91	34.00	410	11/02/24	Derbyshire ASA County Championships 2024	Derby	EM240092	1
100 Breaststroke	1:20.62	1:19.00	351	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
200 Breaststroke	3:09.70	3:06.90	289	05/02/23	Derbyshire ASA County Championships 2023	Derby	EM230181	1
50 Butterfly	39.33	38.80	181	12/12/21	Derbyshire ASA LC Competition 2021 - Level 3	Ponds Forge	EM210640	3
50 Backstroke	36.62	36.10	265	11/12/22	Derbyshire ASA LC Competition 2022 Level 3	Sheffield	EM222034	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.01	28.70	372	23/06/24	Long Eaton Summer Meet 2024	Matlock	EM240519	3
100 Freestyle	1:11.19	1:12.40	249	17/07/22	Long Eaton Club Championships	Long Eaton	EM221030	4
200 Freestyle	2:26.96	2:29.30	309	15/07/23	Long Eaton Club Championships 2023	Long Eaton	EM231099	4
400 Freestyle	5:33.30	5:37.50	258	15/07/22	Long Eaton Club Championships	Long Eaton	EM221030	4
50 Breaststroke	34.24	35.10	386	23/06/24	Long Eaton Summer Meet 2024	Matlock	EM240519	3
100 Breaststroke	1:16.59	1:18.20	376	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3
200 Breaststroke	2:57.04	3:00.00	312	04/12/22	Chesterfield SC Winter Open Championships 2022	Matlock	EM222352	3
50 Butterfly	37.00	37.50	203	15/01/22	Long Eaton SC County Qualifier Time Trials 2022	Long Eaton	EM220213	4
100 Butterfly	59.46	1:00.70	518	09/12/23	National Arena Swim League WM Div 2 Rd 3	Newbold Comyn	WM231853	4
50 Backstroke	33.52	34.10	286	23/06/24	Long Eaton Summer Meet 2024	Matlock	EM240519	3
100 Backstroke	1:16.53	1:17.60	251	04/12/22	Chesterfield SC Winter Open Championships 2022	Matlock	EM222352	3
200 Backstroke	2:54.13	2:56.00	223	17/07/22	Long Eaton Club Championships	Long Eaton	EM221030	4
200 Individual Medley	2:41.22	2:43.60	314	16/07/23	Long Eaton Club Championships 2023	Long Eaton	EM231099	4
400 Individual Medley	6:15.06	6:19.70	245	13/07/22	Long Eaton Club Championships	Long Eaton	EM221029	4
100 Individual Medley	1:12.88	1:12.90	309	16/12/23	Derby Excel Christmas Cracker Meet 2023	Derby	EM231879	3