

Individual Best Times (All Time)

Thomas Bennett - (1268467) - Plymouth Leander SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.30	25.50	502	18/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
100 Freestyle	58.08	56.60	525	08/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
200 Freestyle	2:06.88	2:04.10	519	24/04/23	SE South West Summer Regional Championships 2023	Plymouth	SW230523	1
400 Freestyle	4:39.50	4:34.40	488	13/03/22	Plymouth Leander Early Spring National Qualifier	Plymouth	SW220266	1
800 Freestyle	9:11.85	9:01.30	549	07/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
1500 Freestyle	18:05.14	17:46.00	517	01/04/22	City of Bristol L1 International Open Meet	Hengrove	SW220210	1
50 Breaststroke	35.63	34.70	386	16/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
100 Breaststroke	1:24.22	1:22.70	308	20/01/22	Devon County ASA Championships & Age Groups 2022	Plymouth	SW220042	1
200 Breaststroke	2:54.73	2:51.70	370	16/01/22	Devon County ASA Championships & Age Groups 2022	Plymouth	SW220040	1
50 Butterfly	27.06	26.40	557	06/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
100 Butterfly	58.92	57.60	591	03/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
200 Butterfly	2:15.32	2:13.00	542	05/08/23	Swim England National Summer Meet 2023	Sheffield	ENG028	1
50 Backstroke	31.33	30.70	424	09/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
100 Backstroke	1:07.90	1:06.70	438	17/01/23	Devon County Championships 2023	Plymouth	SW230242	1
200 Backstroke	2:34.99	2:32.80	376	18/01/22	Devon County ASA Championships & Age Groups 2022	Plymouth	SW220041	1
200 Individual Medley	2:21.26	2:18.40	525	12/03/23	PL Early Spring National Qualifier L1 Meet 2023	Plymouth	SW230453	1
400 Individual Medley	5:12.68	5:07.00	466	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	NE220037	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.59	26.40	488	07/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
100 Freestyle	55.95	57.40	514	07/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
200 Freestyle	2:04.24	2:07.00	511	15/10/22	Exeter City - Lyndsay Powell Memorial Meet 2022	Plymouth	SW221443	2
400 Freestyle	4:27.85	4:33.00	497	04/12/21	Plymouth Leander SA Christmas Ho-Ho-Hoedown 2021	Plymouth	SW211215	3
800 Freestyle	9:16.12	9:26.40	506	18/11/22	Swim Bournemouth Winter Meet 2022	Littledown	SW221934	2
1500 Freestyle	17:33.11	17:52.50	520	12/12/21	Plymouth Leander SA Christmas Ho-Ho-Hoedown 2021	Plymouth	SW211216	3
50 Breaststroke	33.41	34.30	416	01/04/23	Plymouth Leander Last Chance Regional Qualifier 23	Plymouth	SW230597	3
100 Breaststroke	1:17.19	1:18.80	367	03/10/21	City of Plymouth Gala	Plymouth	SW210502	3
200 Breaststroke	2:48.32	2:51.40	363	12/12/21	Plymouth Leander SA Christmas Ho-Ho-Hoedown 2021	Plymouth	SW211216	3
50 Butterfly	26.58	27.30	547	18/11/23	Guildford City L2 Winter Open Meet 2023	Surrey Sports Park	SE231403	2
100 Butterfly	59.55	1:00.80	516	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Butterfly	2:14.77	2:17.10	498	01/04/23	Plymouth Leander Last Chance Regional Qualifier 23	Plymouth	SW230597	3
50 Backstroke	29.30	30.00	429	02/04/23	Plymouth Leander Last Chance Regional Qualifier 23	Plymouth	SW230597	3
100 Backstroke	1:02.96	1:04.20	452	01/04/23	Plymouth Leander Last Chance Regional Qualifier 23	Plymouth	SW230597	3
200 Backstroke	2:26.27	2:28.50	376	17/10/21	Exeter City - Lindsay Powell Memorial Meet 2021	Plymouth	SW210490	2
200 Individual Medley	2:17.13	2:20.00	510	12/12/23	Plymouth Leander Christmas Open SC L3 2023	Plymouth	SW232227	3
400 Individual Medley	4:55.88	5:01.80	499	02/04/23	Plymouth Leander Last Chance Regional Qualifier 23	Plymouth	SW230597	3
100 Individual Medley	1:02.46	1:02.50	491	05/11/23	SE South West Region SC Winter Championships 2023	Millfield	SW231774	2