

Individual Best Times (All Time)

Rowan Hooper - (1266213) - Yeovil District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.87	27.10	422	16/03/24	Somerset ASA County Championships 2024	Millfield	SW240543	1
100 Freestyle	1:00.59	59.20	462	17/03/24	Somerset ASA County Championships 2024	Millfield	SW240543	1
200 Freestyle	2:24.00	2:21.60	355	30/01/22	Somerset ASA County Championships 2022	Millfield	SW220106	1
400 Freestyle	5:51.45	5:47.40	245	01/02/20	Somerset County Championships	Millfield	SW200232	1
50 Breaststroke	35.76	34.90	382	05/02/23	Somerset ASA County Championships 2023	Millfield	SW230177	1
100 Breaststroke	1:19.49	1:17.90	366	25/02/24	Somerset ASA County Championships 2024	Millfield	SW240542	1
200 Breaststroke	2:53.39	2:50.30	379	05/05/24	SE SWR Summer Championships 2024	Plymouth	SW240588	1
50 Butterfly	32.75	32.20	314	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
50 Backstroke	32.33	31.70	386	25/02/24	Somerset ASA County Championships 2024	Millfield	SW240542	1
100 Backstroke	1:28.47	1:27.60	198	26/01/20	Somerset County Championships	Millfield	SW200231	1
200 Individual Medley	2:31.46	2:28.80	426	10/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
400 Individual Medley	5:28.76	5:23.40	401	17/03/24	Somerset ASA County Championships 2024	Millfield	SW240543	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.04	28.80	371	12/07/23	Yeovil & District SC Club Champs 2023	Oxley	SW230550	4
100 Freestyle	59.59	1:01.00	426	07/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
200 Freestyle	2:18.14	2:20.60	372	04/07/22	Yeovil District SC Club Championships	Oxley LC	SW221068	4
400 Freestyle	5:57.51	6:01.40	209	22/12/19	Yeovil & District Christmas Meet 2019	Millfield	SW192748	3
800 Freestyle	9:57.48	10:07.10	408	01/07/22	Yeovil District SC Club Championships	Oxley LC	SW221068	4
1500 Freestyle	18:27.72	18:46.20	446	09/07/23	Yeovil & District SC Club Champs 2023	Oxley	SW230550	4
50 Breaststroke	34.29	35.20	385	30/03/24	Yeovil & District Spring Fling Meet 2024	Millfield	SW240203	3
100 Breaststroke	1:17.58	1:19.20	361	08/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
200 Breaststroke	2:42.23	2:45.50	406	31/03/24	Yeovil & District Spring Fling Meet 2024	Millfield	SW240203	3
50 Butterfly	31.12	31.70	341	19/11/23	Swim Bournemouth Winter Meet 2023	Littledown	SW231876	2
100 Butterfly	1:11.17	1:12.20	302	08/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
200 Butterfly	2:36.61	2:38.60	317	30/03/24	Yeovil & District Spring Fling Meet 2024	Millfield	SW240203	3
50 Backstroke	31.75	32.40	337	15/12/23	Yeovil & District SC Christmas Meet 2023	Sherborne	SW231080	3
100 Backstroke	1:08.24	1:09.40	355	16/12/23	Yeovil & District SC Christmas Meet 2023	Sherborne	SW231080	3
200 Individual Medley	2:29.93	2:32.50	390	07/10/23	Exeter City Lyndsay Powell Memorial Meet 2023	Plymouth	SW231387	2
400 Individual Medley	5:14.18	5:19.70	417	31/03/24	Yeovil & District Spring Fling Meet 2024	Millfield	SW240203	3
100 Individual Medley	1:09.22	1:09.20	360	15/12/23	Yeovil & District SC Christmas Meet 2023	Sherborne	SW231080	3