

# Individual Best Times (All Time)

Dale Everson - (1262546) - Harrogate District SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.71	31.00	286	27/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Freestyle	1:09.53	1:08.30	306	13/02/16	Yorkshire County Championships	Leeds	NE160069	1
200 Freestyle	2:34.23	2:32.00	289	07/02/16	Yorkshire County Championships	Leeds	NE160068	1
50 Butterfly	36.85	36.30	220	27/02/16	Yorkshire County Championships	Sheffield	NE160070	1
50 Backstroke	36.64	36.10	265	27/02/16	Yorkshire County Championships	Sheffield	NE160070	1
100 Backstroke	1:21.72	1:20.70	251	23/04/16	City of Leeds National Qualifying Meet 2016	Leeds	NE160164	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.49	32.10	262	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
100 Freestyle	1:09.14	1:10.30	272	12/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
200 Freestyle	2:30.89	2:33.20	285	12/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
400 Freestyle	5:31.67	5:35.90	262	11/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
50 Breaststroke	48.32	49.00	137	10/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
200 Breaststroke	4:06.89	4:09.00	115	28/09/15	Harrogate District SC Club Championships	Harrogate	NE152047	4
50 Butterfly	35.63	36.20	227	19/06/17	Harrogate Summer Club Sprint Championships	Harrogate	NE171654	4
100 Butterfly	1:36.63	1:37.40	120	21/09/15	Harrogate District Club Championships	Harrogate	NE152046	4
50 Backstroke	37.31	37.80	208	26/06/17	Harrogate Summer Club Sprint Championships	Harrogate	NE171655	4
100 Backstroke	1:24.44	1:25.40	187	12/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
200 Backstroke	3:16.62	3:18.30	155	04/07/15	Harrogate Summer A Grade Meet	Harrogate	NE151003	3
200 Individual Medley	3:15.67	3:17.70	175	05/07/15	Harrogate Summer A Grade Meet	Harrogate	NE151003	3
400 Individual Medley	6:45.75	6:50.10	193	11/09/17	Harrogate District Club Championships	Harrogate	NE172039	4
100 Individual Medley	1:22.52	1:22.50	212	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3