

Individual Best Times (All Time)

Jessica Day - (1260337) - Cheltenham S & W P Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.68	30.00	455	02/04/22	City of Wells Open Meet	Millfield	SW220211	3
100 Freestyle	1:07.43	1:06.20	450	02/04/22	City of Wells Open Meet	Millfield	SW220211	3
200 Freestyle	2:25.65	2:23.20	465	18/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230118	1
400 Freestyle	5:00.85	4:56.10	478	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
50 Breaststroke	38.85	38.00	422	02/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
100 Breaststroke	1:27.18	1:25.70	398	02/04/22	City of Wells Open Meet	Millfield	SW220211	3
200 Breaststroke	3:49.43	3:47.10	215	08/04/18	City of Bristol International Open Meet	Hengrove Park	SW180691	1
50 Butterfly	33.50	32.90	387	14/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
50 Backstroke	34.77	34.20	461	02/04/22	City of Wells Open Meet	Millfield	SW220211	3
100 Backstroke	1:16.85	1:15.80	415	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
200 Backstroke	2:36.46	2:34.30	487	01/05/22	West Midlands Region 2022 Regional Championships	Coventry	WM220504	1
200 Individual Medley	2:41.68	2:39.20	474	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1
400 Individual Medley	5:41.02	5:35.80	473	15/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230116	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.85	30.50	453	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester	SW231616	3
100 Freestyle	1:06.92	1:08.20	423	06/02/22	Worcester County SA County Championships 2022	Worcester	WM220082	2
200 Freestyle	2:24.50	2:26.90	444	05/02/22	Worcester County SA County Championships 2022	Worcester	WM220082	2
400 Freestyle	4:57.98	5:02.70	467	05/02/22	Worcester County SA County Championships 2022	Worcester	WM220082	2
800 Freestyle	10:56.25	11:05.00	385	18/01/20	Worcester County Sprint Championships	Worcester	WM200237	2
50 Breaststroke	37.51	38.30	432	03/10/21	Worcester SC Autumn Open Meet 2021	Worcester	WM210586	3
100 Breaststroke	1:22.67	1:24.20	429	09/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham	SW221517	4
200 Breaststroke	2:58.12	3:01.10	431	08/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham	SW221517	4
50 Butterfly	32.75	33.30	412	09/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham	SW221517	4
100 Butterfly	1:24.26	1:25.20	263	27/11/21	Worcester SC Club Championships	Worcester	WM210846	4
50 Backstroke	33.97	34.60	410	09/10/22	CSWPC BROCK TEWKS Combined Club Championships	Cheltenham	SW221517	4
100 Backstroke	1:12.07	1:13.20	441	06/02/22	Worcester County SA County Championships 2022	Worcester	WM220082	2
200 Backstroke	2:31.58	2:33.80	483	12/02/22	Worcester County SA County Championships 2022	Wolverhampton	WM220083	2
200 Individual Medley	2:36.87	2:39.40	468	01/10/22	Worcester SC October Open Meet	Worcester	WM221114	3
400 Individual Medley	5:27.20	5:32.50	495	06/02/22	Worcester County SA County Championships 2022	Worcester	WM220082	2
100 Individual Medley	1:12.20	1:12.20	479	05/02/22	Worcester County SA County Championships 2022	Worcester	WM220082	2