

Individual Best Times (All Time)

Nathan Lewis - (1260131) - Eastleigh SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.92	25.10	524	24/02/24	Hampshire County Swimming Championships 2024	Mountbatten Cen	SE240345	1
100 Freestyle	57.67	56.20	536	26/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
200 Freestyle	2:15.86	2:13.30	423	01/08/21	South East Festival of Swimming 2021	Crawley	SE210359	1
400 Freestyle	5:08.47	5:03.90	363	18/01/20	Hampshire County Championships 2020	Portsmouth	SE200382	1
50 Breaststroke	40.80	40.00	257	26/05/19	Swim England South East 14 & U Championships 2019	Crawley	SE191559	1
100 Breaststroke	1:34.60	1:33.30	217	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
200 Breaststroke	3:21.76	3:19.10	240	11/05/19	Swim England 14 Under Swimming Championships 2019	Crawley	SE191558	1
50 Butterfly	27.61	26.90	524	26/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
100 Butterfly	1:03.09	1:01.90	481	25/11/23	Rushmoor Royals Winter L3 LC Open Meet 2023	Aldershot	SE231747	3
50 Backstroke	39.55	39.00	211	16/12/18	Portsmouth Northsea Christmas Meet 2018	Mountbatten SC	SE182213	3
100 Backstroke	1:26.96	1:26.00	208	30/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
200 Backstroke	2:42.84	2:40.80	324	01/08/21	South East Festival of Swimming 2021	Crawley	SE210359	1
200 Individual Medley	2:46.74	2:44.40	319	25/05/19	Swim England South East 14 & U Championships 2019	Crawley	SE191559	1
400 Individual Medley	6:02.03	5:57.10	300	12/05/19	Swim England 14 Under Swimming Championships 2019	Crawley	SE191558	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.32	26.10	504	22/10/23	Rushmoor Royals Autumn L3 SC Open Meet 2023	Aldershot	SE231697	3
100 Freestyle	57.23	58.70	480	18/12/23	Eastleigh SC Closed Club Christmas Meet 2023	Eastleigh	SE232556	4
200 Freestyle	2:13.35	2:15.90	413	21/05/21	Eastleigh	Places Leisure	LEX1322	0
400 Freestyle	4:59.01	5:03.70	357	14/03/20	Forest of Bere Regional Chaser 2020	Waterlooville	SE200291	3
50 Breaststroke	39.78	40.60	246	07/06/19	Eastleigh Closed Club Championships	Eastleigh	SE192067	4
100 Breaststroke	1:32.26	1:33.60	215	02/02/19	Hampshire County ASA Championships 2019	Waterlooville	SE190343	2
200 Breaststroke	3:11.36	3:14.10	247	03/02/19	Hampshire County ASA Championships 2019	Waterlooville	SE190343	2
50 Butterfly	27.25	27.90	508	18/12/23	Eastleigh SC Closed Club Christmas Meet 2023	Eastleigh	SE232556	4
100 Butterfly	1:01.44	1:02.70	470	22/10/23	Rushmoor Royals Autumn L3 SC Open Meet 2023	Aldershot	SE231697	3
200 Butterfly	3:39.53	3:41.00	115	24/09/17	Littlehampton County Qualifier 2017	Arun	SE170884	3
50 Backstroke	31.34	32.00	351	21/10/23	Rushmoor Royals Autumn L3 SC Open Meet 2023	Aldershot	SE231697	3
100 Backstroke	1:07.43	1:08.60	368	09/12/23	National Arena Swimming League South R3 2023	Fleet	SE232577	3
200 Backstroke	2:31.56	2:33.70	338	24/05/21	Eastleigh	Places Leisure	LEX1312	0
200 Individual Medley	2:32.62	2:35.20	370	28/05/21	Eastleigh	Places Leisure	LEX1453	0
400 Individual Medley	6:48.35	6:52.60	190	10/06/17	Havant & Waterlooville Swim Out of Your Skin Open	Waterlooville	SE171135	3
100 Individual Medley	1:18.44	1:18.40	247	21/07/19	Swim Bournemouth End of Season Summer Splash	Littledown LC	SW191907	3