

Individual Best Times (All Time)

Thomas Horton - (1256102) - Cockermouth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.15	27.40	409	13/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	NW220367	1
100 Freestyle	1:01.50	1:00.10	442	12/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	NW220367	1
200 Freestyle	2:19.46	2:16.90	391	13/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	NW220367	1
50 Breaststroke	36.08	35.20	372	12/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	NW220367	1
100 Breaststroke	1:22.53	1:21.00	327	15/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
200 Breaststroke	3:04.32	3:01.40	315	14/03/20	Stockport Metro Qualifying Open Meet	Grand Central Pools	NW200160	1
50 Butterfly	45.73	45.30	115	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
100 Butterfly	1:52.50	1:51.80	84	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3
50 Backstroke	33.63	33.00	343	12/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	NW220367	1
100 Backstroke	1:11.94	1:10.80	369	13/03/22	Stockport Metro Spring Long Course Open Meet 2022	Stockport	NW220367	1
200 Backstroke	2:32.56	2:30.40	394	27/03/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220368	1
200 Individual Medley	3:12.36	3:10.30	208	01/07/18	City of Sunderland Summer Splash 2018	Sunderland	NE181671	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.60	28.30	389	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	NW220088	2
100 Freestyle	1:01.49	1:02.80	387	25/09/21	12th Presidents Gala	Workington	NW210318	3
200 Freestyle	2:13.15	2:15.70	415	26/09/21	12th Presidents Gala	Workington	NW210318	3
400 Freestyle	5:00.70	5:05.30	351	25/01/20	2020 Cumbria County Championships and Age Groups	Workington	NW200215	2
800 Freestyle	11:31.25	11:39.60	263	30/11/18	Workington & Cockermouth Allerdale Club Champs	Workington	NW182536	3
1500 Freestyle	18:54.45	19:12.50	416	24/09/21	12th Presidents Gala	Workington	NW210318	3
50 Breaststroke	35.46	36.30	348	05/02/22	2022 Cumbria County Championships and Age Groups	Workington	NW220089	2
100 Breaststroke	1:18.33	1:19.90	351	12/12/21	North West Arena League Premier Division A Final	Macclesfield	NW211550	3
200 Breaststroke	2:50.98	2:54.00	347	25/09/21	12th Presidents Gala	Workington	NW210318	3
50 Butterfly	32.97	33.50	287	05/07/21	Cockermouth SC	Cockermouth	LEX2984	0
100 Butterfly	1:17.76	1:18.70	231	07/07/21	Cockermouth	Cockermouth	LEX3075	0
200 Butterfly	3:52.63	3:54.00	96	23/09/18	Workington ASC 9th Presidents Open Meet	Workington	NW181077	3
50 Backstroke	32.74	33.30	307	04/12/21	Cumbria Winter Meet 2021	Kendal	NW210710	3
100 Backstroke	1:08.38	1:09.50	353	22/01/22	2022 Cumbria County Championships and Age Groups	Workington	NW220088	2
200 Backstroke	2:27.68	2:29.90	365	25/09/21	12th Presidents Gala	Workington	NW210318	3
200 Individual Medley	2:30.10	2:32.70	389	05/02/22	2022 Cumbria County Championships and Age Groups	Workington	NW220089	2
400 Individual Medley	5:41.76	5:46.90	324	26/01/20	2020 Cumbria County Championships and Age Groups	Workington	NW200215	2
100 Individual Medley	1:10.76	1:10.80	337	25/09/21	12th Presidents Gala	Workington	NW210318	3