

Individual Best Times (All Time)

Dewi Hardy - (1255671) - Wrexham Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.41	26.60	443	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Freestyle	59.76	58.30	482	04/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
200 Freestyle	2:07.71	2:05.00	509	22/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
400 Freestyle	4:34.25	4:29.10	516	21/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
50 Breaststroke	38.09	37.30	316	10/06/23	Co Sheffield SS Team Steel Meet 2023	Sheffield	NE230696	1
100 Breaststroke	1:28.69	1:27.30	263	02/07/22	Richmond Dales ASC Summer Madness Gala	Leeds	NE220716	3
50 Butterfly	29.85	29.20	415	06/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
100 Butterfly	1:06.67	1:05.50	408	11/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
50 Backstroke	33.01	32.40	363	09/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
100 Backstroke	1:11.48	1:10.30	376	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
200 Individual Medley	2:28.42	2:25.70	453	20/01/24	Derby Excel New Year Meet 2024	Sheffield	EM240047	1
400 Individual Medley	5:24.06	5:18.60	419	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.69	27.50	430	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Freestyle	57.28	58.70	479	17/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Freestyle	2:04.64	2:07.40	506	28/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
400 Freestyle	4:25.87	4:31.10	508	21/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
1500 Freestyle	18:02.63	18:21.50	478	07/01/24	Holywell ASC Valentine Gala 2024	Holywell	WL240193	2
50 Breaststroke	35.09	36.00	359	27/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
100 Breaststroke	1:19.25	1:20.80	339	03/03/24	Crystal Meet 2024	Wrexham	WL240610	3
200 Breaststroke	2:52.20	2:55.20	339	27/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
50 Butterfly	29.58	30.20	397	28/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
100 Butterfly	1:05.02	1:06.20	396	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Butterfly	2:27.84	2:30.00	377	28/04/24	Wrexham Spring Meet 2024	Wrexham	WL240611	2
50 Backstroke	31.87	32.50	333	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
100 Backstroke	1:08.35	1:09.50	353	25/06/23	Wrexham Cath Ankers Meet 2023	Wrexham	WL231391	3
200 Backstroke	2:32.39	2:34.60	333	12/02/23	Swim Wales North Regional Championships 2023	Llandudno	WL230661	2
200 Individual Medley	2:23.78	2:26.50	443	03/03/24	Crystal Meet 2024	Wrexham	WL240610	3
400 Individual Medley	5:25.46	5:30.80	375	16/10/22	Swim Conwy Autumn Gala	Llandudno	WL221497	2
100 Individual Medley	1:17.54	1:17.50	256	17/10/21	Satellites Autumn Open Meet 2021	Macclesfield	NW211013	3