Individual Best Times (All Time)

Cerys Hills - (1249659) - City of Derby Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	49.98	49.60	105	06/12/15	Derbyshire ASA County Long Course Competition 2015	Sheffield	EM152100	3
50 Breaststroke	1:09.83	1:09.40	72	06/12/15	Derbyshire ASA County Long Course Competition 2015	Sheffield	EM152100	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Leve
50 Freestyle	50.33	50.70	94	27/09/15	City of Derby Club Championships 2015	Derby	EM151526	4
100 Individual Medley	2:16.85	2:16.90	70	20/09/15	City of Derby Club Championships 2015	Derby	EM151525	4

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