

Individual Best Times (All Time)

Alessandro Arno - (1249204) - Southwark Aquatics SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.42	27.70	398	21/02/15	BUCS Long Course Championships 2015	Sheffield	NE150632	1
100 Freestyle	1:02.48	1:01.10	421	21/02/16	BUCS Long Course Championships	Sheffield	NE160130	1
50 Butterfly	31.65	31.00	348	21/02/16	BUCS Long Course Championships	Sheffield	NE160130	1