

Individual Best Times (All Time)

Matilda Hellfeld - (1247464) - Clwb Nofio Bangor Swim Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.30	28.60	523	21/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
100 Freestyle	1:04.15	1:02.80	523	22/01/23	Rotherham Metro A & B Grade Long Course Meet 2023	Sheffield	NE230069	3
200 Freestyle	2:21.03	2:18.50	512	15/04/22	Swim Wales National Championships 2022	Swansea	WL220637	1
400 Freestyle	5:09.08	5:04.50	441	21/11/21	City of Cardiff Keith Bewley Memorial Open	Cardiff	WL210959	3
50 Breaststroke	43.23	42.50	306	22/01/22	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE220033	3
100 Breaststroke	1:47.23	1:46.00	213	08/07/17	Summer Non National Qualifier Graded Meet	Manchester	NW170108	3
50 Butterfly	31.10	30.50	484	28/01/24	Rotherham Metro 'A' & 'B' Grade LC Meet 2024	Sheffield	NE240018	3
100 Butterfly	1:12.38	1:11.30	450	10/02/24	Swim Wales Regional Racing Series - North 2024	Liverpool	WL240020	1
50 Backstroke	35.30	34.70	440	23/01/22	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE220033	3
100 Backstroke	1:13.15	1:12.00	481	03/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
200 Backstroke	2:35.36	2:33.20	497	06/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
200 Individual Medley	2:39.09	2:36.60	498	05/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
400 Individual Medley	5:45.10	5:40.00	457	20/05/23	North Wales Race Meet 2023	Liverpool	WL231346	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.57	29.30	516	17/12/22	Swim Wales Winter Championships 2022	Swansea	WL220375	2
100 Freestyle	1:02.12	1:03.50	529	11/02/23	Swim Wales North Regional Championships 2023	Llandudno	WL230661	2
200 Freestyle	2:16.38	2:18.90	529	26/02/22	Swim Conwy Spring Gala	Llandudno	WL220234	3
400 Freestyle	4:51.69	4:56.50	498	21/05/22	Swim Conwy Whitsun Gala	Llandudno	WL220699	2
800 Freestyle	10:12.81	10:22.20	472	11/02/22	Swim Wales North Regional Championships 2022	Llandudno	WL220195	2
50 Breaststroke	40.75	41.50	337	24/10/21	Holywell Comeback Meet	Holywell, Wales	WAL617	3
100 Breaststroke	1:28.80	1:30.20	346	05/02/20	Swim Wales North Regional Championships	Llandudno	WL200032	2
200 Breaststroke	3:08.90	3:11.70	361	01/06/19	Swim Conwy Whitsun Meet	Llandudno	WL191520	2
50 Butterfly	30.45	31.10	513	17/12/22	Swim Wales Winter Championships 2022	Swansea	WL220375	2
100 Butterfly	1:10.99	1:12.10	441	25/11/23	Swim Wales Regional SC Championships - North 2023	Llandudno	WL232010	2
200 Butterfly	3:28.10	3:29.60	189	07/02/18	SW North Regional Championships	Llandudno	WL180044	2
50 Backstroke	33.88	34.50	413	21/10/23	Swim Conwy Autumn Meet 2023	Llandudno	WL232002	2
100 Backstroke	1:10.69	1:11.80	468	19/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
200 Backstroke	2:30.64	2:32.80	492	16/03/24	Swim Conwy Spring Meet 2024	Llandudno	WL240498	3
200 Individual Medley	2:33.80	2:36.30	497	18/03/23	Swim Conwy Spring Meet 2023	Llandudno	WL230458	3
400 Individual Medley	5:30.80	5:36.10	479	24/09/22	Swim Conwy Invitational Meet	Conwy	WAL619	3
100 Individual Medley	1:12.67	1:12.70	470	02/07/23	Holywell ASC Summer Sprint 2023	Holywell	WL230621	3