

# Individual Best Times (All Time)

Harrison Travers - (1243857) - Dunmow Atlantis SC

## Long Course

| Stroke          | LC Time | Converted to SC | LC WA Pts | Date     | Meet                               | Venue    | Licence  | Level |
|-----------------|---------|-----------------|-----------|----------|------------------------------------|----------|----------|-------|
| 50 Freestyle    | 30.78   | 30.10           | 313       | 03/02/18 | Essex Age Group Championships 2018 | London   | ER180155 | 1     |
| 100 Freestyle   | 1:10.55 | 1:09.40         | 293       | 21/01/17 | Essex Age Group Championships 2017 | Basildon | ER170022 | 1     |
| 200 Freestyle   | 2:50.16 | 2:48.10         | 215       | 07/05/16 | BPSC Non Regional Qualifiers Gala  | Basildon | ER160489 | 3     |
| 50 Breaststroke | 46.69   | 46.00           | 171       | 04/02/17 | Essex Age Group Championships      | London   | ER170023 | 1     |
| 50 Butterfly    | 29.90   | 29.30           | 413       | 01/02/20 | Essex Age Group Championships 2020 | London   | ER200176 | 1     |
| 50 Backstroke   | 31.54   | 30.90           | 416       | 01/02/20 | Essex Age Group Championships 2020 | London   | ER200176 | 1     |
| 100 Backstroke  | 1:09.71 | 1:08.50         | 405       | 29/02/20 | Essex Age Group Championships 2020 | Basildon | ER200175 | 1     |
| 200 Backstroke  | 2:40.35 | 2:38.30         | 340       | 14/04/18 | N&EL L1 National Qualifying Meet   | London   | LR180247 | 1     |

## Short Course

| Stroke                | SC Time  | Converted to LC | SC WA Pts | Date     | Meet                                              | Venue               | License  | Level |
|-----------------------|----------|-----------------|-----------|----------|---------------------------------------------------|---------------------|----------|-------|
| 50 Freestyle          | 28.99    | 29.70           | 336       | 05/07/19 | Dunmow Atlantis Club Championships                | Dunmow              | ER192115 | 4     |
| 100 Freestyle         | 1:04.85  | 1:06.10         | 330       | 23/03/19 | Teamipswich March Open 2019                       | Ipswich             | ER190275 | 3     |
| 200 Freestyle         | 2:34.49  | 2:36.70         | 266       | 13/11/16 | Epping Forest Club Championships                  | Loughton            | ER161337 | 4     |
| 400 Freestyle         | 5:59.68  | 6:03.60         | 205       | 04/10/15 | LBRSC Early County & Regional Qualifier           | Fullwell Cross      | LR150599 | 3     |
| 1500 Freestyle        | 22:23.26 | 22:38.60        | 250       | 07/12/16 | Epping Forest Club Championships                  | Loughton            | ER161341 | 4     |
| 50 Breaststroke       | 42.20    | 42.90           | 206       | 05/07/19 | Dunmow Atlantis Club Championships                | Dunmow              | ER192115 | 4     |
| 100 Breaststroke      | 1:40.35  | 1:41.60         | 167       | 06/11/16 | Epping Forest Club Championships                  | Loughton            | ER161338 | 4     |
| 50 Butterfly          | 31.20    | 31.80           | 338       | 05/07/19 | Dunmow Atlantis Club Championships                | Dunmow              | ER192115 | 4     |
| 100 Butterfly         | 1:26.95  | 1:27.80         | 165       | 13/11/16 | Epping Forest Club Championships                  | Loughton            | ER161337 | 4     |
| 200 Butterfly         | 4:18.92  | 4:20.10         | 70        | 13/09/15 | Epping Forest District SC 2015 Club Championships | Loughton            | ER151113 | 4     |
| 50 Backstroke         | 31.23    | 31.90           | 354       | 25/11/18 | BBSC & DASC Christmas Cracker 2018                | Braintree           | ER181954 | 3     |
| 100 Backstroke        | 1:09.05  | 1:10.20         | 342       | 19/01/19 | Essex Age Group Champs 2019                       | Basildon            | ER190208 | 2     |
| 200 Backstroke        | 2:36.87  | 2:39.00         | 305       | 16/12/18 | LB Redbridge Last Chance County Qualifier         | Fullwell Cross Pool | LR180796 | 3     |
| 200 Individual Medley | 2:55.69  | 2:57.90         | 242       | 23/09/18 | Epping Forest District Season Opener Gala 2018    | Loughton            | ER181167 | 3     |
| 100 Individual Medley | 1:23.37  | 1:23.40         | 206       | 20/05/17 | Cheshunt 50th Anniversary Open Meet               | Harlow              | ER170914 | 3     |