

Individual Best Times (All Time)

Erin Miller - (1241661) - Ilkeston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.58	30.90	417	12/12/21	Derbyshire ASA LC Competition 2021 - Level 3	Ponds Forge	EM210640	3
100 Freestyle	1:11.25	1:10.10	382	20/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	NE190112	3
200 Freestyle	2:40.58	2:38.40	347	20/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	NE190112	3
50 Breaststroke	45.23	44.50	267	08/09/21	City of Coventry 50m Sprints 2021	Coventry	WM210390	3
100 Breaststroke	1:57.77	1:56.70	161	12/03/17	City of Sheffield March Madness	Sheffield	NE170247	3
50 Butterfly	34.28	33.70	361	12/12/21	Derbyshire ASA LC Competition 2021 - Level 3	Ponds Forge	EM210640	3
100 Butterfly	1:22.65	1:21.70	302	30/11/19	City of Sheffield Swim Squad Snow Frills	Sheffield	NE190403	3
200 Butterfly	3:20.52	3:18.90	224	30/11/19	City of Sheffield Swim Squad Snow Frills	Sheffield	NE190403	3
50 Backstroke	41.18	40.70	277	09/12/18	Derbyshire ASA Long Course Competition 2018	Sheffield	EM181974	3
100 Backstroke	1:33.33	1:32.50	231	01/12/19	City of Sheffield Swim Squad Snow Frills	Sheffield	NE190403	3
200 Individual Medley	3:11.09	3:09.00	287	10/03/19	Nova Centurion March Sprint Meet 2019	Nottingham	EM190181	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.22	32.90	360	24/02/19	Derbyshire ASA County Championships 2019	MATLOCK	EM190291	2
100 Freestyle	1:10.03	1:11.20	369	06/04/19	Chesterfield Spring A & B Meet	Matlock	EM191318	3
200 Freestyle	2:33.21	2:35.50	373	06/04/19	Chesterfield Spring A & B Meet	Matlock	EM191318	3
400 Freestyle	5:24.69	5:29.00	361	07/04/19	Chesterfield Spring A & B Meet	Matlock	EM191318	3
800 Freestyle	11:26.57	11:35.00	336	20/10/19	Long Eaton Distance Meet	Queens LC	EM192131	3
50 Breaststroke	44.28	45.00	262	30/06/19	Northern Junior Open 2019	Nottingham	EM191402	3
100 Breaststroke	1:43.31	1:44.50	219	21/06/21	Ilkeston	Victoria Park	LEX2418	0
200 Breaststroke	3:51.59	3:53.90	196	18/11/17	The Boldmere Open Meet 2017	Stetchford	WM172013	3
50 Butterfly	34.31	34.90	358	15/07/21	Ilkeston	Victoria Park	LEX3659	0
100 Butterfly	1:21.75	1:22.70	289	27/10/19	Belper Marlin The Ghoul in the Pool	Matlock	EM192729	3
200 Butterfly	3:25.83	3:27.40	196	10/12/17	City of Derby Club Championships 2017	Derby	EM171976	4
50 Backstroke	40.14	40.60	248	30/06/19	Northern Junior Open 2019	Nottingham	EM191402	3
100 Backstroke	1:36.21	1:37.00	185	17/12/17	Chesterfield Winter Open Championships	Matlock	EM172301	3
200 Backstroke	3:26.99	3:28.60	189	10/12/17	City of Derby Club Championships 2017	Derby	EM171976	4
200 Individual Medley	3:07.36	3:09.50	275	15/09/19	Ilkeston Club Championships	Ilkeston	EM192816	4
100 Individual Medley	1:22.92	1:22.90	316	13/01/19	Ilkeston Winter Sprints 2019	Ilkeston	EM190407	4