

Individual Best Times (All Time)

Sadie Wilson - (1239266) - Preston Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.16	29.50	479	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
100 Freestyle	1:07.33	1:06.10	452	05/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
200 Freestyle	2:30.98	2:28.70	417	20/03/22	Derventio eXcel March Open Meet	Sheffield	EM220103	1
50 Breaststroke	40.07	39.30	385	04/03/23	Richmond Dales ASC April Fool Gala 2023	Leeds	NE230257	3
50 Butterfly	32.86	32.30	410	04/02/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230072	1
100 Butterfly	1:17.96	1:17.00	360	29/01/23	Lancashire County Age Groups & Championships 2023	Liverpool	NW230071	1
50 Backstroke	31.76	31.10	604	15/04/23	City of Leeds SC National Qualifier Meet 2023	Leeds	NE230087	1
100 Backstroke	1:10.45	1:09.30	538	02/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
200 Backstroke	2:39.77	2:37.70	457	01/05/22	SE North West Summer Regional Swimming Champs	Liverpool	NW220369	1
200 Individual Medley	2:46.16	2:43.80	437	05/03/23	Richmond Dales ASC April Fool Gala 2023	Leeds	NE230257	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.37	30.10	475	28/10/23	Bobcats Monster Splash 2023	Darwen	NW231427	3
100 Freestyle	1:04.52	1:05.80	472	18/09/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221654	2
200 Freestyle	2:25.66	2:28.00	434	16/10/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221655	2
50 Breaststroke	39.30	40.10	376	27/05/23	Blackpool Rocks Meet 2023	Blackpool	NW230130	3
100 Breaststroke	1:25.98	1:27.40	381	24/06/23	Preston SC Summer Spectacular Meet 2023	Darwen	NW230702	3
50 Butterfly	32.11	32.70	437	16/09/23	North Lancs S&WPA Level 2 Meet 2023	Blackpool	NW231624	2
100 Butterfly	1:14.81	1:15.80	377	11/06/22	Preston SC Summer Spectacular	Darwen	NW220659	3
50 Backstroke	31.04	31.70	538	04/11/23	SE NW Regional Winter Championships 2023	Manchester	NW231877	2
100 Backstroke	1:07.27	1:08.50	543	03/12/23	Preston Swimming Club Club Champs 2023	Westview LC	NW232570	3
200 Backstroke	2:34.59	2:36.70	455	15/10/22	North Lancs S&WPA Level 2 Meet	Blackpool	NW221655	2
200 Individual Medley	2:39.34	2:41.80	447	02/12/23	Preston SC Xmas Cracker 2023	Darwen	NW231907	3
100 Individual Medley	1:13.78	1:13.80	449	19/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2