

# Individual Best Times (All Time)

Ella Harbour-Mclauchlan - (1238565) - City of Brighton and Hove

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	49.72	49.10	201	03/07/21	Take The Plunge L3 Open Meet 2021	Crawley	SE210256	3
100 Breaststroke	1:48.02	1:46.80	209	03/07/21	Take The Plunge L3 Open Meet 2021	Crawley	SE210256	3
50 Backstroke	48.78	48.40	166	03/07/21	Take The Plunge L3 Open Meet 2021	Crawley	SE210256	3
100 Backstroke	1:41.46	1:40.70	180	03/07/21	Take The Plunge L3 Open Meet 2021	Crawley	SE210256	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.18	33.80	330	01/12/23	Shiverers Winter Time Trials 2023	Hove	SE232566	4
100 Freestyle	1:17.05	1:18.10	277	26/11/22	Atlantis SC Christmas Cracker 2022	Horsham	SE220762	3
800 Freestyle	13:05.19	13:12.50	224	16/01/22	Shiverers SC Distance Time Trial	Hove	SE220359	4
50 Breaststroke	41.37	42.10	322	28/06/24	Brighton SC Club Championships 2024	Brighton	SE241097	4
100 Breaststroke	1:33.97	1:35.30	292	14/07/23	Shiverers SC Club Championships	King Alfred	SE231659	4
200 Breaststroke	3:15.90	3:18.60	324	15/07/23	Shiverers SC Club Championships	King Alfred	SE231659	4
50 Butterfly	38.03	38.50	263	16/09/23	Brighton SC Ken Deeley Open Meet 2023	Brighton	SE230801	3
100 Butterfly	1:24.07	1:25.00	265	28/06/24	Brighton SC Club Championships 2024	Brighton	SE241097	4
50 Backstroke	38.75	39.30	276	16/09/23	Brighton SC Ken Deeley Open Meet 2023	Brighton	SE230801	3
100 Backstroke	1:40.14	1:40.90	164	23/10/20	Brighton SC	Prince Regent	LEX181	0
200 Backstroke	3:23.23	3:24.90	200	23/10/20	Brighton	Prince Regent	LEX812	0
200 Individual Medley	2:52.46	2:54.70	352	14/06/24	Brighton SC Club Championships 2024	Brighton	SE241096	4
400 Individual Medley	6:04.65	6:09.40	358	24/05/24	Brighton SC Club Championships 2024	Brighton	SE241094	4
100 Individual Medley	1:21.71	1:21.70	330	16/09/23	Brighton SC Ken Deeley Open Meet 2023	Brighton	SE230801	3