

# Individual Best Times (All Time)

Jessica Collinson - (1236840) - Deben SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.20	29.50	477	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
100 Freestyle	1:06.91	1:05.60	461	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
200 Freestyle	2:28.41	2:26.00	439	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
50 Butterfly	33.80	33.20	377	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
100 Butterfly	1:22.83	1:21.90	300	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
50 Backstroke	36.79	36.20	389	18/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
100 Backstroke	1:21.57	1:20.60	347	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3
200 Individual Medley	2:58.79	2:56.60	351	17/06/23	Boudicca Level 3 Long Course Open Meet 2023	Norwich	ER230912	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.66	30.40	462	20/01/24	Swim England Suffolk County Championships 2024	Ipswich	ER240219	2
100 Freestyle	1:05.29	1:06.60	455	23/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
200 Freestyle	2:22.59	2:25.00	462	24/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
50 Breaststroke	44.92	45.60	251	29/10/23	Teamipswich SC Spooktacular Open 2023	Ipswich	ER231145	3
100 Breaststroke	1:44.25	1:45.50	214	27/03/22	Deben SC 2022 Leap Meet	Ipswich	ER220158	3
50 Butterfly	33.63	34.20	380	23/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
100 Butterfly	1:18.41	1:19.40	327	24/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
50 Backstroke	35.20	35.80	369	14/07/23	Deben Woodbridge SC Club Champs 2023	Deben	ER231409	4
100 Backstroke	1:17.47	1:18.50	355	23/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
100 Individual Medley	1:17.83	1:17.80	382	24/06/23	SE Suffolk County League 2023 Grand Final	Ipswich	ER231036	3