

Individual Best Times (All Time)

James Shevchenko - (1236210) - The Royal Wolverhampton School S

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.88	24.00	593	01/05/23	West Midland Regional Summer Championships 2023	Coventry	WM230351	1
100 Freestyle	54.28	52.70	643	11/03/23	Wycombe LC Premier Meet 2023	High Wycombe	SE230318	1
200 Freestyle	1:54.17	1:51.10	713	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
400 Freestyle	4:02.39	3:56.60	748	02/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
800 Freestyle	8:32.75	8:21.40	685	27/07/22	British Summer Championships	Sheffield	BSW022	1
50 Breaststroke	32.61	31.60	503	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	NE220037	1
100 Breaststroke	1:12.15	1:10.40	489	28/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
200 Breaststroke	3:20.66	3:18.00	244	30/04/17	West Midland Championships	Coventry	WM170518	1
50 Butterfly	25.66	24.90	653	04/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Butterfly	56.60	55.20	666	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
200 Butterfly	2:02.83	2:00.20	724	05/04/23	British Swimming Championships 2023	Sheffield	BSW024	1
50 Backstroke	29.90	29.20	488	19/12/21	Northampton Swimming Club Winter Festival 2021	Corby	EM210649	1
100 Backstroke	1:02.05	1:00.70	575	22/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
200 Backstroke	2:25.81	2:23.50	452	14/03/20	Putteridge Spring Long Course National Qualifier	Inspire Luton	ER200097	1
200 Individual Medley	2:09.16	2:06.10	687	05/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1
400 Individual Medley	4:30.24	4:23.70	722	04/04/24	Speedo Aquatics GB Swimming Championships 2024	London	BSW026	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.21	25.10	577	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
100 Freestyle	53.28	54.80	596	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
200 Freestyle	1:49.57	1:52.70	745	16/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
400 Freestyle	3:52.35	3:58.30	762	17/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
800 Freestyle	8:15.51	8:27.00	716	11/02/24	Staffordshire ASA County Championships 2024	Stafford	WM240060	2
1500 Freestyle	16:53.92	17:14.00	582	15/02/20	Staffordshire ASA County Swimming	Stafford	WM200201	2
50 Breaststroke	31.31	32.30	506	21/01/23	Staffordshire ASA Championships 2023	Stafford	WM230164	2
100 Breaststroke	1:07.69	1:09.50	544	16/09/23	Derby Excel September Season Opener Meet 2023	Derby	EM231439	2
200 Breaststroke	2:31.06	2:34.50	503	25/09/22	The eXcel September Spectacular	Derby	EM221352	2
50 Butterfly	25.59	26.30	613	05/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2
100 Butterfly	55.06	56.40	653	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Butterfly	1:59.17	2:01.80	720	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
50 Backstroke	27.25	28.00	534	04/02/23	Staffordshire ASA Championships 2023	Stafford	WM230166	2
100 Backstroke	59.85	1:01.20	526	24/09/22	The eXcel September Spectacular	Derby	EM221352	2
200 Backstroke	2:14.82	2:17.30	480	08/02/20	Staffordshire ASA County Swimming	Stafford	WM200200	2
200 Individual Medley	2:02.74	2:05.90	712	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
400 Individual Medley	4:24.78	4:31.30	697	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Individual Medley	58.50	58.50	597	05/11/23	SE West Midlands Winter Championships 2023	Sandwell	WM232038	2