

Individual Best Times (All Time)

Rafi Gibson - (1233535) - Aylesbury & District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.52	27.80	394	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Freestyle	1:02.51	1:01.20	421	15/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3
200 Freestyle	2:21.93	2:19.50	371	15/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3
50 Breaststroke	34.68	33.80	418	27/04/24	2024 Wycombe L3 Long Course Sprint Meet	High Wycombe	SE240900	3
100 Breaststroke	1:21.34	1:19.80	341	27/04/24	2024 Wycombe L3 Long Course Sprint Meet	High Wycombe	SE240900	3
200 Breaststroke	3:24.25	3:21.60	231	17/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3
50 Butterfly	30.05	29.40	407	27/04/24	2024 Wycombe L3 Long Course Sprint Meet	High Wycombe	SE240900	3
100 Butterfly	1:10.11	1:09.00	350	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
200 Butterfly	2:35.62	2:33.60	356	17/02/24	2024 Wycombe Dual Award (Level 3) Long Course Meet	High Wycombe	SE240255	3
50 Backstroke	39.29	38.80	215	17/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3
100 Backstroke	1:19.32	1:18.30	275	15/07/23	Wycombe LC End of Season L3 Meet 2023	High Wycombe	SE231231	3
200 Backstroke	2:52.07	2:50.10	275	17/07/22	2022 Wycombe Long Course End of Season Meet L3	High Wycombe	SE221132	3
200 Individual Medley	2:32.34	2:29.70	419	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
400 Individual Medley	5:27.39	5:22.00	406	05/05/24	SE South East Region LC Championships 2024	High Wycombe	SE240686	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.82	27.60	424	23/06/24	Maxwell June Meet 2024	Aylesbury	SE240894	3
100 Freestyle	58.22	59.60	456	11/02/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240041	2
200 Freestyle	2:13.17	2:15.80	415	03/02/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240040	2
400 Freestyle	4:37.71	4:42.70	446	20/01/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240039	2
800 Freestyle	9:35.28	9:45.20	457	13/01/24	Oxfordshire & N Bucs County Championships 2024	Oxford	SE240038	2
1500 Freestyle	18:45.34	19:03.50	426	06/01/24	Oxfordshire & N Bucs County Championships 2024	Oxford	SE240037	2
50 Breaststroke	33.35	34.30	418	23/06/24	Maxwell June Meet 2024	Aylesbury	SE240894	3
100 Breaststroke	1:12.31	1:14.00	446	22/06/24	Maxwell June Meet 2024	Aylesbury	SE240894	3
200 Breaststroke	2:44.67	2:47.80	388	23/06/24	Maxwell June Meet 2024	Aylesbury	SE240894	3
50 Butterfly	29.66	30.30	394	10/02/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240041	2
100 Butterfly	1:05.72	1:06.90	384	03/02/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240040	2
200 Butterfly	2:28.17	2:30.30	375	03/03/24	Maxwell March Meet 2024	Aylesbury	SE240328	3
50 Backstroke	32.45	33.10	316	23/06/24	Maxwell June Meet 2024	Aylesbury	SE240894	3
100 Backstroke	1:11.43	1:12.50	309	02/12/23	Maxwell December Meet 2023	Aylesbury	SE232403	3
200 Backstroke	2:27.65	2:29.90	366	23/06/24	Maxwell June Meet 2024	Aylesbury	SE240894	3
200 Individual Medley	2:23.26	2:26.00	448	10/02/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240041	2
400 Individual Medley	5:07.30	5:13.00	446	20/01/24	Oxfordshire & N Bucs County Championships 2024	Aylesbury	SE240039	2
100 Individual Medley	1:12.25	1:12.30	317	24/06/23	Maxwell SC June Meet	Aylesbury	SE230981	3