

Individual Best Times (All Time)

Robbie Proddow - (1232606) - Barnes SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.69	35.30	196	08/10/17	Barnes Club Championships 2017	Barnes	LR172036	4
100 Freestyle	1:23.11	1:24.10	157	22/10/16	LBRT Borough Championships	Teddington	LR161923	4
200 Freestyle	3:02.56	3:04.50	161	19/09/16	Barnes Club Championships 2016	Barnes	LR161945	4
50 Breaststroke	47.38	48.00	146	05/03/17	Surrey Age Group Championships	Guildford	LR170179	2
100 Breaststroke	1:42.96	1:44.20	154	05/03/17	Surrey Age Group Championships	Guildford	LR170179	2
200 Breaststroke	3:44.31	3:46.70	153	04/03/17	Surrey Age Group Championships	Guildford	LR170179	2
50 Backstroke	45.16	45.60	117	22/10/16	LBRT Borough Championships	Teddington	LR161923	4
100 Backstroke	1:29.77	1:30.70	156	04/02/17	Surrey Age Group Championships	Guildford	LR170176	2
100 Individual Medley	1:42.38	1:42.40	111	18/09/16	Barnes Club Championships 2016	Barnes	LR161944	4