

Individual Best Times (All Time)

Jessica Grace - (1232212) - Tynedale SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.53	28.80	511	03/04/22	Derventio eXcel April Meet	Sheffield	EM220191	1
100 Freestyle	1:07.91	1:06.70	441	14/04/19	City of Leeds National Qualifier 2019	Leeds	NE190133	1
50 Breaststroke	36.46	35.60	511	24/07/21	Derventio eXcel Welcome Back Long Course Open	Pond Forge	EM210150	3
100 Breaststroke	1:20.76	1:19.20	500	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
200 Breaststroke	2:58.98	2:56.00	453	12/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	EM200101	1
50 Butterfly	30.28	29.60	525	12/03/22	Team Bath & Millfield National Qualifier L1 Meet	Millfield	SW220145	1
100 Butterfly	1:09.00	1:07.90	519	12/12/21	Derbyshire ASA LC Competition 2021 - Level 1	Ponds Forge	EM210639	1
50 Backstroke	33.98	33.40	493	13/03/22	Team Bath & Millfield National Qualifier L1 Meet	Millfield	SW220145	1
100 Backstroke	1:15.80	1:14.70	432	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192730	1
200 Backstroke	2:46.35	2:44.30	405	23/11/19	City of Coventry Winter Open Meet	Coventry	WM192140	3
200 Individual Medley	2:36.28	2:33.70	525	24/07/21	Derventio eXcel Welcome Back Long Course Open	Pond Forge	EM210150	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.88	29.60	500	04/12/21	City of Coventry Winter Open Meet 2021	Coventry	WM211062	2
100 Freestyle	1:04.66	1:05.90	469	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
200 Freestyle	2:31.15	2:33.40	388	23/09/18	City of Derby Swimming Club - Club Championships	Derby	EM181969	4
400 Freestyle	5:28.76	5:33.00	348	15/07/18	Chesterfield Summer Splash	Matlock	EM181251	3
50 Breaststroke	35.38	36.30	515	16/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
100 Breaststroke	1:15.99	1:17.60	552	23/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200328	2
200 Breaststroke	2:52.26	2:55.30	476	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
50 Butterfly	30.32	30.90	519	04/12/21	City of Coventry Winter Open Meet 2021	Coventry	WM211062	2
100 Butterfly	1:07.85	1:09.00	505	20/02/22	Derbyshire ASA County Championships 2022	Matlock	EM220031	2
200 Butterfly	3:03.27	3:05.00	277	10/12/17	City of Derby Club Championships 2017	Derby	EM171976	4
50 Backstroke	32.58	33.20	465	04/12/21	City of Coventry Winter Open Meet 2021	Coventry	WM211062	2
100 Backstroke	1:11.77	1:12.90	447	22/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200328	2
200 Backstroke	2:37.28	2:39.40	432	16/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
200 Individual Medley	2:32.74	2:35.30	507	11/07/21	Repton Open Meet	Repton Sports Centre	EM210146	3
400 Individual Medley	5:35.00	5:40.20	461	25/06/21	Repton	Repton	LEX2592	0
100 Individual Medley	1:14.03	1:14.00	444	23/07/21	Carlisle Aquatics	The Pools , James St	LEX3584	0