

# Individual Best Times (All Time)

Katie Coventry - (1232137) - Morpeth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.47	28.80	514	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
100 Freestyle	1:15.12	1:14.00	326	24/03/19	City of Sunderland National Qualifier 2019	Sunderland	NE190554	1
200 Freestyle	2:21.20	2:18.70	510	02/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
800 Freestyle	10:06.45	9:56.80	510	02/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
50 Breaststroke	34.68	33.80	594	10/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
100 Breaststroke	1:15.27	1:13.60	618	14/04/24	2024 Scottish National Age Group Swimming Champs	Aberdeen	SS240959	1
200 Breaststroke	2:40.53	2:37.20	629	10/03/24	Edinburgh International 2024	Edinburgh	SCO2160	1
50 Butterfly	31.22	30.60	479	16/07/23	Scottish Summer Meet	Aberdeen	SCO2055	1
100 Butterfly	1:12.90	1:11.90	440	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
50 Backstroke	34.45	33.90	473	04/02/23	Northumberland & Durham County Championships 2023	Sunderland	NE230205	1
100 Backstroke	1:14.33	1:13.20	458	04/02/23	Northumberland & Durham County Championships 2023	Sunderland	NE230205	1
200 Individual Medley	2:31.70	2:29.10	574	10/03/24	Edinburgh International 2024	Edinburgh	SCO2160	1
400 Individual Medley	5:49.73	5:44.70	439	24/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	NE210265	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.13	30.80	440	16/01/22	Newcastle Swim Team County Qualifier	Tynemouth	NE220150	3
100 Freestyle	1:03.71	1:05.00	490	01/06/24	Wear Valley June Velocity Level 3 Meet 2024	Bishop Auckland	NE240991	3
200 Freestyle	2:16.37	2:18.90	529	25/06/23	Tynemouth ASC Summer Meet 2023	North Shields	NE230545	3
400 Freestyle	4:54.84	4:59.60	482	03/12/22	Derwentside Christmas Cracker Meet 2022	Stanley	NE221606	3
800 Freestyle	10:11.09	10:20.50	476	11/01/23	Northumberland Distance Time Trial 2023	Alnwick	NE230412	4
1500 Freestyle	19:07.85	19:25.70	495	29/09/23	South Tyneside SC Autumn Meet 2023	Haven Point	NE231800	3
50 Breaststroke	34.28	35.20	566	08/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
100 Breaststroke	1:13.96	1:15.60	599	04/11/23	NE Regional Open Championships (25m) 2023	Sheffield	NE231348	2
200 Breaststroke	2:37.91	2:41.20	618	09/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
50 Butterfly	30.77	31.40	497	05/11/23	NE Regional Open Championships (25m) 2023	Sheffield	NE231348	2
100 Butterfly	1:11.12	1:12.20	438	25/06/23	Tynemouth ASC Summer Meet 2023	North Shields	NE230545	3
200 Butterfly	3:04.48	3:06.20	272	07/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	NE192243	3
50 Backstroke	33.89	34.50	413	06/08/21	Tynemouth ASC	Tynemouth Pool	LEX3716	0
100 Backstroke	1:09.82	1:11.00	485	25/06/23	Tynemouth ASC Summer Meet 2023	North Shields	NE230545	3
200 Backstroke	2:36.14	2:38.30	442	15/01/23	Newcastle Swim Team County Qualifier Meet 2023	Tynemouth	NE230209	3
200 Individual Medley	2:26.87	2:29.50	571	09/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2
400 Individual Medley	5:25.63	5:31.00	502	21/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
100 Individual Medley	1:07.90	1:07.90	576	10/12/23	Scottish National Short Course Championships 2023	Edinburgh	SCO2114	2