

# Individual Best Times (All Time)

Khyal Amin - (1231468) - Amersham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:12.83	1:11.70	266	15/02/20	2020 Wycombe Dual Award (L3) Long Course Meet	High Wycombe	SE200302	3
50 Breaststroke	42.91	42.20	221	15/02/20	2020 Wycombe Dual Award (L3) Long Course Meet	High Wycombe	SE200302	3
100 Breaststroke	1:36.70	1:35.40	203	15/02/20	2020 Wycombe Dual Award (L3) Long Course Meet	High Wycombe	SE200302	3
200 Breaststroke	3:38.16	3:35.70	190	21/07/19	2019 Wycombe End of Season Long Course Meet	High Wycombe	SE191786	3
50 Backstroke	41.13	40.60	187	15/02/20	2020 Wycombe Dual Award (L3) Long Course Meet	High Wycombe	SE200302	3
100 Backstroke	1:59.69	1:59.00	80	18/02/18	WDSC Dual Award Long Course Meet 2018	Wycombe	SE180603	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.40	30.10	322	24/10/21	Team Luton Autumn Short Course Meet 2021	Luton	ER210437	3
100 Freestyle	1:08.46	1:09.70	280	27/11/21	2021 Wycombe SC L3 County & Regional Qualifier	High Wycombe	SE210859	3
200 Freestyle	2:33.96	2:36.20	268	27/03/22	Amersham Inaugural Regional Qualifier Invitational	Chilterns Cen	SE220489	3
800 Freestyle	12:08.00	12:15.90	225	15/12/19	Amersham Swimming Club Championships	Amersham	SE192429	4
1500 Freestyle	22:59.78	23:14.70	231	24/11/19	Amersham Swimming Club Championships	Amersham	SE192428	4
50 Breaststroke	40.08	40.90	241	27/03/22	Amersham Inaugural Regional Qualifier Invitational	Chilterns Cen	SE220489	3
100 Breaststroke	1:28.43	1:29.80	244	05/12/21	Windsor SC County Chaser Open Meet	Maidenhead	SE210739	3
200 Breaststroke	3:25.69	3:28.20	199	18/05/19	Windsor Level 3 May Open Meet	Maidenhead	SE191374	3
50 Butterfly	33.26	33.80	279	13/06/21	ASC Return to Competition Level 4 Meet	Amersham	SE210078	4
100 Butterfly	1:23.61	1:24.50	186	27/06/21	ASC Return to Competition Level 4 Meet	Amersham	SE210080	4
50 Backstroke	39.71	40.20	172	18/05/19	Windsor Level 3 May Open Meet	Maidenhead	SE191374	3
100 Backstroke	1:28.50	1:29.40	162	22/09/19	Amersham Swimming Club Championships	Amersham	SE192426	4
200 Backstroke	3:10.78	3:12.50	169	07/12/19	COCA Winter Splash	Magnet LC	SE193228	3
200 Individual Medley	2:59.12	3:01.30	229	24/10/21	Team Luton Autumn Short Course Meet 2021	Luton	ER210437	3
400 Individual Medley	6:35.26	6:39.70	209	05/10/19	Maxwell & TeamUnify October Meet	Aylesbury	SE192547	3
100 Individual Medley	1:22.14	1:22.10	215	01/11/20	Amersham Swimming Club	Chiltern Pools	LEX179	0