

Individual Best Times (All Time)

Olivia Poynton - (1229830) - Nuneaton & Bedworth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.03	33.40	333	10/02/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190009	1
100 Freestyle	1:18.97	1:17.90	280	27/01/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180008	1
200 Freestyle	2:45.34	2:43.20	317	27/01/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190008	1
50 Breaststroke	52.49	51.90	171	30/06/18	City of Leeds Summer Meet 2018	Leeds	NE180078	3
50 Butterfly	41.75	41.30	200	10/02/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180009	1
50 Backstroke	41.37	40.90	273	26/01/19	Warwickshire ASA Swimming Championships 2019	Coventry	WM190008	1
100 Backstroke	1:31.09	1:30.20	249	10/02/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180009	1
200 Individual Medley	3:17.42	3:15.40	260	10/02/18	Warwickshire ASA Swimming Championships 2018	Coventry	WM180009	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.75	33.40	343	10/03/19	Nuneaton & Bedworth Trophy Sprint Meet	Nuneaton	WM191353	4
100 Freestyle	1:11.22	1:12.40	351	28/09/19	Nuneaton & Bedworth Swimming Club Championships	Nuneaton	WM191355	4
200 Freestyle	2:37.85	2:40.00	341	01/12/19	Nuneaton & Bedworth Winter Open Meet	Nuneaton	WM190022	3
400 Freestyle	5:45.33	5:49.40	300	20/10/19	Long Eaton Distance Meet	Queens LC	EM192131	3
800 Freestyle	11:37.36	11:45.60	320	06/10/19	Coventry & District Primary Galas 2019	Nuneaton	WM192411	3
50 Breaststroke	44.77	45.50	254	16/03/19	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM190023	3
100 Breaststroke	1:39.85	1:41.10	243	28/09/19	Nuneaton & Bedworth Swimming Club Championships	Nuneaton	WM191355	4
50 Butterfly	40.90	41.40	211	16/03/19	Nuneaton & Bedworth Delia Reynolds Open Meet	Nuneaton	WM190023	3
100 Butterfly	1:31.29	1:32.10	207	01/12/19	Nuneaton & Bedworth Winter Open Meet	Nuneaton	WM190022	3
50 Backstroke	40.93	41.40	234	01/12/18	Nuneaton & Bedworth Club Winter Open Meet	Nuneaton	WM180028	3
100 Backstroke	1:25.86	1:26.80	261	05/10/19	Coventry & District Primary Galas 2019	Nuneaton	WM192411	3
200 Individual Medley	2:59.27	3:01.50	314	06/10/19	Coventry & District Primary Galas 2019	Nuneaton	WM192411	3
400 Individual Medley	6:54.68	6:58.90	243	21/10/18	Long Eaton Distance Meet	QLC Derby	EM181559	3
100 Individual Medley	1:27.50	1:27.50	269	24/06/18	Nuneaton & Bedworth End of Season Open Meet	Nuneaton	WM180027	3