

# Individual Best Times (All Time)

Lucy Welbourn - (1229595) - Arnold SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.25	39.80	199	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
100 Freestyle	1:31.53	1:32.40	165	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
200 Freestyle	3:43.92	3:45.50	119	11/09/16	Arnold Club Championships 2016	Hucknall	EM161542	4
400 Freestyle	7:37.59	7:40.70	129	13/09/16	Arnold Club Championships 2016	Arnold	EM161543	4
50 Breaststroke	52.46	53.10	158	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
100 Breaststroke	1:54.05	1:55.20	163	02/04/17	Mansfield Acorn Open Meet	Hucknall	EM170546	3
200 Breaststroke	4:03.92	4:06.10	167	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
50 Butterfly	49.46	49.80	119	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
50 Backstroke	47.50	47.90	150	02/04/17	Mansfield Acorn Open Meet	Hucknall	EM170546	3
100 Backstroke	1:41.72	1:42.50	157	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
200 Backstroke	3:34.55	3:36.10	170	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
200 Individual Medley	3:39.32	3:41.10	171	17/09/17	Arnold Club Championships	Hucknall	EM171443	4
100 Individual Medley	1:42.39	1:42.40	168	15/10/17	Arnold Club Championships	Hucknall	EM171445	4