

Individual Best Times (All Time)

Sze Lam Chung - (1229287) - Beau Sejour Barracuda SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.54	32.20	384	25/10/19	Calligo Tigers Annual Autumn Open Meet 2019	St Brelade	SE191572	2
100 Freestyle	1:10.70	1:11.90	359	01/12/19	Channel Island Championships	Guernsey	SE192830	2
200 Freestyle	2:36.36	2:38.60	351	26/10/19	Calligo Tigers Annual Autumn Open Meet 2019	St Brelade	SE191573	3
400 Freestyle	5:46.16	5:50.20	298	22/10/18	Beau Sejour Barracudas LBG Club Championships 2018	Guernsey	SE180973	4
800 Freestyle	11:49.64	11:57.80	304	24/03/19	Rothschild Island Championships	St Sampsons School	SE191285	3
50 Breaststroke	42.00	42.70	308	10/03/19	Guernsey Amateur Swimming Association LBG	St Sampsons	SE191564	4
100 Breaststroke	1:29.33	1:30.70	340	24/11/18	CHANNEL ISLAND CLOSED SWIMMING CHAMPS	LES QUENNEVAIS	SE182556	2
200 Breaststroke	3:14.79	3:17.50	329	23/03/19	Rothschild Island Championships	St Sampsons School	SE191285	3
50 Butterfly	37.08	37.60	284	03/07/21	GASA 50m Sprint Gala	Guernsey	SE210112	4
100 Butterfly	2:03.61	2:04.20	83	22/06/16	Beau Sejour Barracudas Specsavers Series 2016	Guernsey	SE160833	4
50 Backstroke	36.84	37.40	321	10/03/19	Guernsey Amateur Swimming Association LBG	St Sampsons	SE191564	4
100 Backstroke	1:25.86	1:26.80	261	06/06/18	Beau Sejour Barracudas LBG Club Championships 2018	Guernsey	SE180967	4
200 Backstroke	3:44.84	3:46.30	148	21/11/15	Rothschilds Island Championship	Guernsey	SE151707	3
200 Individual Medley	3:14.80	3:16.80	244	13/06/18	Beau Sejour Barracudas LBG Club Championships 2018	Guernsey	SE180968	4
100 Individual Medley	1:19.16	1:19.20	363	24/03/19	Rothschild Island Championships	St Sampsons School	SE191285	3