

Individual Best Times (All Time)

Jonty Caustick - (1228715) - Winchester City Penguins

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.65	28.90	350	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
100 Freestyle	1:06.80	1:05.50	345	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
50 Butterfly	33.67	33.10	289	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
50 Backstroke	35.40	34.80	294	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3
100 Backstroke	1:14.63	1:13.50	330	19/05/19	Portsmouth Northsea May Long Course Sprint Meet	Portsmouth	SE191329	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.76	29.50	344	28/09/19	WCPSC SPRINT CLUB CHAMPIONSHIPS	ST SWITHUNS	SE192623	4
100 Freestyle	1:05.12	1:06.40	326	28/09/19	WCPSC SPRINT CLUB CHAMPIONSHIPS	ST SWITHUNS	SE192623	4
200 Freestyle	2:41.46	2:43.60	233	04/11/17	Winchester City Penguins Club Championships	St Swithuns	SE172097	4
400 Freestyle	5:54.90	5:58.80	213	04/11/17	Winchester City Penguins Club Championships	St Swithuns	SE172097	4
50 Breaststroke	58.91	59.40	75	15/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
100 Breaststroke	2:12.06	2:13.00	73	09/01/16	Winchester City Penguins Grand Prix Series 2016	St Swithuns School	SE160373	4
50 Butterfly	32.45	33.00	301	28/09/19	WCPSC SPRINT CLUB CHAMPIONSHIPS	ST SWITHUNS	SE192623	4
100 Butterfly	1:34.19	1:35.00	130	04/11/17	Winchester City Penguins Club Championships	St Swithuns	SE172097	4
50 Backstroke	34.12	34.70	272	28/09/19	WCPSC SPRINT CLUB CHAMPIONSHIPS	ST SWITHUNS	SE192623	4
100 Backstroke	1:17.64	1:18.70	241	16/03/19	Forest of Bere Regional Chaser Meet	Waterlooville	SE190315	3
200 Backstroke	2:55.68	2:57.60	217	22/07/18	Fareham Nomads Summer Meet 2018	Waterlooville	SE180127	3
200 Individual Medley	3:09.94	3:12.00	192	21/10/17	Winchester City Penguins Club Championships	St Swithuns	SE172095	4
100 Individual Medley	1:36.41	1:36.40	133	03/07/16	Hampshire County Development Competition 2016	Waterlooville	SE161070	3