

# Individual Best Times (All Time)

Caolan Millard - (1228631) - Rutherglen ASC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.38	32.70	245	20/09/15	City of Sheffield 33rd Annual Teaspoon Gala	Sheffield	NE150208	3
50 Breaststroke	46.03	45.30	179	20/09/15	City of Sheffield 33rd Annual Teaspoon Gala	Sheffield	NE150208	3
50 Butterfly	41.25	40.80	157	20/09/15	City of Sheffield 33rd Annual Teaspoon Gala	Sheffield	NE150208	3
50 Backstroke	44.61	44.20	147	20/09/15	City of Sheffield 33rd Annual Teaspoon Gala	Sheffield	NE150208	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Breaststroke	42.69	43.40	199	11/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	SCO1146	2
50 Butterfly	42.22	42.70	136	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
100 Backstroke	1:22.60	1:23.60	200	12/06/16	Open Age Group and Senior Meet 2016	Cumbernauld	SCO1146	2