

# Individual Best Times (All Time)

Daniel Heyes - (1226425) - Clitheroe Dolphins SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.07	29.40	336	10/03/19	City of Sheffield Swim Squad March Madness 2019	Sheffield	NE190400	3
100 Freestyle	1:07.56	1:06.30	333	10/03/19	City of Sheffield Swim Squad March Madness 2019	Sheffield	NE190400	3
50 Breaststroke	51.47	50.90	128	13/03/16	City of Sheffield March Madness Meet	Sheffield	NE160333	3
50 Butterfly	31.54	30.90	352	26/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200179	1
100 Butterfly	1:08.19	1:07.10	381	11/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200180	1
50 Backstroke	36.13	35.60	276	10/03/19	City of Sheffield Swim Squad March Madness 2019	Sheffield	NE190400	3
400 Individual Medley	5:31.89	5:26.60	390	12/01/20	Lancashire County Age Groups & County Champs	Manchester	NW200180	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.50	29.20	353	28/09/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	NW191770	2
100 Freestyle	1:04.85	1:06.10	330	08/06/19	PSC Summer Spectacular - L3 OPEN MEET	Darwen	NW190373	3
50 Breaststroke	42.44	43.20	203	27/10/18	City of Salford Potential Olympians 2018	Broughton	NW181000	3
50 Butterfly	29.59	30.20	397	12/12/21	Clitheroe & District Dolphins Christmas Cracker	Accrington	NW211508	4
100 Butterfly	1:07.38	1:08.50	356	09/06/19	PSC Summer Spectacular - L3 OPEN MEET	Darwen	NW190373	3
200 Butterfly	2:30.39	2:32.50	358	28/09/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	NW191770	2
50 Backstroke	32.88	33.50	304	12/12/21	Clitheroe & District Dolphins Christmas Cracker	Accrington	NW211508	4
100 Backstroke	1:16.31	1:17.40	254	03/12/17	PSC Christmas Countdown 2017 - L3 Open Meet	Darwen	NW172385	3
200 Backstroke	2:52.34	2:54.30	230	30/10/16	Blackpool Lights 2016	Blackpool	NW161323	3
200 Individual Medley	2:33.83	2:36.40	361	04/05/19	Blackpool Rocks 2019	Blackpool	NW190260	3
400 Individual Medley	5:19.10	5:24.60	398	20/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	NW191771	2
100 Individual Medley	1:12.37	1:12.40	315	05/05/19	Blackpool Rocks 2019	Blackpool	NW190260	3