

Individual Best Times (All Time)

Lily Cooper - (1225566) - Winchester City Penguins

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.81	38.40	223	22/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162076	4
100 Freestyle	1:25.14	1:26.10	205	18/12/16	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE162569	3
200 Freestyle	2:59.50	3:01.40	232	15/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
400 Freestyle	6:27.47	6:31.10	212	15/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
800 Freestyle	13:21.63	13:28.80	211	21/10/16	Winchester City Penguins Club Championships	Winchester	SE162075	4
50 Breaststroke	50.45	51.10	177	15/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
100 Breaststroke	1:50.00	1:51.10	182	16/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
200 Breaststroke	3:51.04	3:53.30	197	22/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162076	4
50 Butterfly	43.81	44.20	172	09/07/16	Hampshire County Development Competition 2016	Waterlooville	SE161071	3
100 Butterfly	1:45.00	1:45.70	136	03/07/16	Hampshire County Development Competition 2016	Waterlooville	SE161070	3
50 Backstroke	43.98	44.40	189	09/07/16	Hampshire County Development Competition 2016	Waterlooville	SE161071	3
100 Backstroke	1:32.20	1:33.10	211	19/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
200 Backstroke	3:25.47	3:27.10	193	07/05/16	Winchester City Penguins Grand Prix Series 2016	St Swithuns School	SE160375	4
200 Individual Medley	3:20.43	3:22.40	224	16/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
100 Individual Medley	1:35.00	1:35.00	210	22/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162076	4