

# Individual Best Times (All Time)

Millie Dawson - (1225317) - Cleethorpes & Dist SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.09	36.50	257	25/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3
100 Freestyle	1:21.51	1:20.50	255	24/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
200 Freestyle	3:00.31	2:58.40	245	23/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
400 Freestyle	6:54.10	6:50.70	183	26/07/15	City of Sheffield Summer Meet	Sheffield	NE150209	3
50 Breaststroke	49.47	48.80	204	23/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
100 Breaststroke	1:50.55	1:49.40	195	25/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3
200 Breaststroke	4:02.34	4:00.10	182	24/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
50 Butterfly	42.59	42.10	188	24/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
50 Backstroke	45.28	44.80	208	24/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3
100 Backstroke	1:35.66	1:34.80	215	26/06/16	City of Leeds B Grade Meet 2016	Leeds	NE160163	3
200 Individual Medley	3:22.14	3:20.20	242	24/07/16	City of Sheffield Swim Squad Summer Meet 2016	Sheffield	NE160211	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.36	37.90	231	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
100 Freestyle	1:23.95	1:24.90	214	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
400 Freestyle	6:40.29	6:43.80	192	09/01/16	Harrogate District Janus Meet	Harrogate	NE160212	3
50 Breaststroke	52.90	53.50	154	21/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
100 Breaststroke	1:49.59	1:50.70	184	08/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151932	4
200 Breaststroke	4:01.22	4:03.40	173	22/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
50 Butterfly	45.25	45.70	156	21/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
50 Backstroke	47.65	48.10	148	21/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
100 Backstroke	1:47.47	1:48.20	133	07/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151932	4
200 Backstroke	3:27.38	3:29.00	188	22/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151935	4
200 Individual Medley	3:32.29	3:34.10	189	08/11/15	Cleethorpes & District SC Club Champs & Time Trial	Grimsby	NE151932	4
100 Individual Medley	1:39.93	1:39.90	180	27/09/15	Doncaster Dartes SC September Sprints Meet 2015	Beverley	NE151501	3