

Individual Best Times (All Time)

Owen Johnson - (1223973) - Repton Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.51	28.80	355	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Freestyle	1:03.35	1:02.00	404	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Freestyle	2:17.88	2:15.30	404	21/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
400 Freestyle	4:52.95	4:48.10	423	20/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
800 Freestyle	10:44.56	10:35.50	345	16/12/22	City of Leeds SC Xmas Cracker Meet	Leeds	NE220857	3
50 Breaststroke	39.20	38.40	290	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Breaststroke	1:24.72	1:23.20	302	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Breaststroke	3:26.98	3:24.40	222	24/07/22	East Midlands Summer Festival	Derby	EM221414	3
50 Butterfly	38.33	37.80	196	08/04/23	City of Norwich Easter Meet 2023	Norwich	ER230119	1
50 Backstroke	35.69	35.10	287	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
100 Backstroke	1:14.49	1:13.40	332	21/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1
200 Backstroke	2:37.93	2:35.80	355	06/04/24	Derby Excel April Meet	Sheffield	EM240430	1
200 Individual Medley	2:38.41	2:35.90	372	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.44	30.10	321	14/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
100 Freestyle	1:03.87	1:05.20	346	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
200 Freestyle	2:21.31	2:23.70	347	05/01/24	Repton New Year Meet 2024	Repton	EM240129	3
400 Freestyle	4:49.01	4:53.80	396	17/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
800 Freestyle	11:27.98	11:36.30	267	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
50 Breaststroke	40.81	41.60	228	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4
100 Breaststroke	1:20.52	1:22.10	323	08/06/24	British Junior Para Swimming Chmapionships	Coventry	DIS144	2
200 Breaststroke	3:08.70	3:11.50	258	24/03/24	Repton Easter Meet 2024	Repton	EM240130	3
50 Butterfly	36.27	36.80	215	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4
100 Butterfly	1:30.64	1:31.50	146	16/07/22	Chesterfield SC Summer Splash	Matlock	EM221293	3
50 Backstroke	36.11	36.70	229	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4
100 Backstroke	1:12.33	1:13.40	298	08/06/24	British Junior Para Swimming Chmapionships	Coventry	DIS144	2
200 Backstroke	2:33.25	2:35.40	327	24/03/24	Repton Easter Meet 2024	Repton	EM240130	3
200 Individual Medley	2:38.57	2:41.00	330	15/12/23	Swim England Winter Championships 2023	Sheffield	ENG029	2
400 Individual Medley	5:39.67	5:44.80	330	07/10/23	Derbyshire ASA County SC Champs 2023 Distance Day	Repton	EM231374	3
100 Individual Medley	1:14.15	1:14.20	293	16/09/23	Northampton SC & Co Leicester Sprint Meet 2023	Braunstone	EM231751	4