## Individual Best Times (All Time)

## Luke Reeson - (1222757) - Cockermouth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.91	26.10	469	27/04/16	British Para-Swimming Championships	Glasgow	DIS109	1
100 Freestyle	59.02	57.60	500	23/04/16	British Para-Swimming Championships	Glasgow	DIS109	1
200 Freestyle	2:16.22	2:13.60	419	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
400 Freestyle	4:46.21	4:41.30	454	26/04/16	British Para-Swimming Championships	Glasgow	DIS109	1
50 Breaststroke	35.30	34.40	397	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Breaststroke	1:16.35	1:14.70	413	23/04/16	British Para-Swimming Championships	Glasgow	DIS109	1
50 Butterfly	31.31	30.70	359	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	NE160210	1
100 Butterfly	1:09.65	1:08.60	357	09/08/15	ASA Summer Nationals 2015	Sheffield	ASA142	1
100 Backstroke	1:10.85	1:09.70	386	24/04/16	British Para-Swimming Championships	Glasgow	DIS109	1
200 Individual Medley	2:29.13	2:26.50	446	27/04/16	British Para-Swimming Championships	Glasgow	DIS109	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.24	28.00	405	24/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
100 Freestyle	59.62	1:01.00	425	24/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
200 Freestyle	2:12.32	2:14.90	423	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	NW160081	2
400 Freestyle	4:55.79	5:00.50	369	30/09/15	Cockermouth Club Championships	Cockermouth	NW151066	4
50 Breaststroke	34.82	35.70	367	25/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
100 Breaststroke	1:15.48	1:17.10	392	25/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
50 Butterfly	30.64	31.30	357	24/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
100 Butterfly	1:10.10	1:11.20	316	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal	CC150098	2
50 Backstroke	32.67	33.30	309	29/09/15	Cockermouth SC Club Championships	Cockermouth	NW151065	4
100 Backstroke	1:10.37	1:11.50	323	25/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3
200 Individual Medley	2:31.51	2:34.10	378	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	NW160081	2
100 Individual Medley	1:08.66	1:08.70	369	24/09/16	Workington 7th Presidents Open Meet	Workington	NW161460	3