

Individual Best Times (All Time)

Isabelle Glover - (1221970) - Verulam ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	49.61	50.00	98	21/11/15	Verulam ASC Autumn Club Championships	St Albans	ER151124	4
200 Freestyle	4:00.83	4:02.30	96	17/10/15	Verulam Autumn Club Championships	St Albans	ER151123	4
50 Breaststroke	1:02.74	1:03.20	92	17/10/15	Verulam Autumn Club Championships	St Albans	ER151123	4
50 Backstroke	56.96	57.30	87	21/11/15	Verulam ASC Autumn Club Championships	St Albans	ER151124	4