

# Individual Best Times (All Time)

Ben Digby - (1221729) - Tadcaster York Sport Swim Squad

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.06	30.40	305	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
100 Freestyle	1:09.66	1:08.40	304	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
200 Freestyle	2:29.17	2:26.80	319	28/04/18	Richmond Dales April Fool Gala	Leeds	NE180005	3
50 Breaststroke	58.18	57.60	88	10/01/16	City of Leeds New Year Meet 2016	Leeds	NE160165	3
50 Butterfly	33.20	32.60	301	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Butterfly	1:21.05	1:20.10	227	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3
50 Backstroke	37.56	37.00	246	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Backstroke	1:20.18	1:19.20	266	02/12/17	Borough of Barnsley 22nd Christmas Sprint	Sheffield	NE171818	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.35	30.10	324	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Freestyle	1:07.65	1:08.90	291	07/01/18	City of Leeds New Year Meet 2018	Leeds	NE180081	3
200 Freestyle	2:35.45	2:37.70	261	16/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3
50 Breaststroke	44.33	45.00	178	17/06/17	Viking Sprints 2017	Leeds	NE170620	3
50 Butterfly	31.72	32.30	322	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Butterfly	1:11.92	1:13.00	293	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
200 Butterfly	2:55.27	2:57.10	226	07/01/18	City of Leeds New Year Meet 2018	Leeds	NE180081	3
50 Backstroke	35.57	36.10	240	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Backstroke	1:26.31	1:27.20	175	17/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3