

Individual Best Times (All Time)

Sam Dean - (1221674) - Sutton & Cheam SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.18	28.50	367	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Freestyle	1:07.69	1:06.40	331	17/03/19	Atlantis Regional Chaser 2019	Crawley	SE190154	3
400 Freestyle	5:24.75	5:20.40	311	16/03/19	Atlantis Regional Chaser 2019	Crawley	SE190154	3
50 Breaststroke	35.73	34.80	383	15/03/20	2020 London Region Spring Open Meet	London	LR200423	1
100 Breaststroke	1:20.13	1:18.50	357	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1
200 Breaststroke	2:57.59	2:54.60	352	25/01/20	Surrey Age Group Championships 2020	Surrey	LR200259	1
50 Butterfly	30.33	29.70	395	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Butterfly	1:13.48	1:12.40	304	17/03/19	Atlantis Regional Chaser 2019	Crawley	SE190154	3
50 Backstroke	33.51	32.90	347	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
100 Backstroke	1:13.94	1:12.80	339	14/03/20	2020 London Region Spring Open Meet	London	LR200423	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.28	29.00	362	30/11/19	London Borough of Sutton Annual Swimming Champs	Carshalton	LR192211	4
100 Freestyle	1:03.54	1:04.80	351	05/10/19	Sutton & Cheam Club Championships 2019	Carshalton	LR192746	4
200 Freestyle	2:23.04	2:25.40	335	16/12/18	LB Sutton Borough Championships	Westcroft	LR181084	4
400 Freestyle	5:42.97	5:47.00	237	15/10/17	Sutton & Cheam Club Championships	Carshalton	LR171339	4
800 Freestyle	10:49.74	10:58.60	317	23/11/18	Sutton and Cheam Club Championships	Westcroft	LR181143	4
50 Breaststroke	35.63	36.50	343	06/10/19	Sutton & Cheam Club Championships 2019	Carshalton	LR192746	4
100 Breaststroke	1:17.46	1:19.10	363	03/11/19	Haslemere Autumn Sparkler 2019	Haslemere	SE192486	3
200 Breaststroke	2:51.03	2:54.10	346	30/11/19	London Borough of Sutton Annual Swimming Champs	Carshalton	LR192211	4
50 Butterfly	29.95	30.60	382	02/11/19	2019 London Region Winter Championships	London	LR192817	2
100 Butterfly	1:09.62	1:10.70	323	03/11/19	Haslemere Autumn Sparkler 2019	Haslemere	SE192486	3
50 Backstroke	32.91	33.50	303	29/06/19	Sutton & Cheam Summertime Splash 2019	Carshalton	LR191792	3
100 Backstroke	1:10.66	1:11.80	319	02/11/19	2019 London Region Winter Championships	London	LR192817	2
200 Backstroke	2:40.49	2:42.60	285	05/10/19	Sutton & Cheam Club Championships 2019	Carshalton	LR192746	4
200 Individual Medley	2:44.13	2:46.50	298	06/10/18	Sutton and Cheam Club Championships	Westcroft LC	LR181083	4
100 Individual Medley	1:12.30	1:12.30	316	29/06/19	Sutton & Cheam Summertime Splash 2019	Carshalton	LR191792	3