Individual Best Times (All Time)

Cerys Jones - (1221307) - City of Leeds SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.18	42.70	160	16/11/14	City of Leeds Winter STS Meet	Gala	NE14718	4
50 Breaststroke	52.84	53.40	154	16/11/14	City of Leeds Winter STS Meet	Gala	NE14718	4
50 Backstroke	48.41	48.80	141	16/11/14	City of Leeds Winter STS Meet	Gala	NE14718	4
100 Individual Medley	1:43.98	1:44.00	160	16/11/14	City of Leeds Winter STS Meet	Gala	NE14718	4