

# Individual Best Times (All Time)

Maisie Adams - (1221158) - Hemel Hempstead SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.90	36.30	261	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3
50 Breaststroke	49.37	48.70	206	23/04/16	WDSC Long Course Sprint Meet	Wycombe	SE160110	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.84	33.50	340	09/12/18	Hemel Hempstead Alan Doyle Memorial Sprint Meet	Hemel Hempstead	ER180888	3
100 Freestyle	1:13.46	1:14.60	320	18/05/19	HHSC Spring Development Meet	Hemel Hempstead	ER191762	3
200 Freestyle	2:44.86	2:47.00	299	20/05/18	HHSC Spring Development Meet	SportSpace	ER180666	3
400 Freestyle	5:43.90	5:48.00	304	11/11/18	Watford & Hemel Hempstead SC Joint Club Champs	Hemel Hempstead	ER182511	3
800 Freestyle	12:01.70	12:09.70	289	07/11/18	Watford & Hemel Hempstead SC Joint Club Champs	Hemel Hempstead	ER182510	3
50 Breaststroke	43.46	44.20	278	09/03/19	Maxwell & Team Unify March Meet	Aylesbury	SE190501	3
100 Breaststroke	1:36.34	1:37.60	271	09/03/19	Maxwell & Team Unify March Meet	Aylesbury	SE190501	3
200 Breaststroke	3:29.56	3:32.10	264	19/05/19	HHSC Spring Development Meet	Hemel Hempstead	ER191762	3
50 Butterfly	39.26	39.70	239	09/12/18	Hemel Hempstead Alan Doyle Memorial Sprint Meet	Hemel Hempstead	ER180888	3
100 Butterfly	1:33.00	1:33.80	196	18/05/19	HHSC Spring Development Meet	Hemel Hempstead	ER191762	3
50 Backstroke	39.17	39.70	267	19/05/19	HHSC Spring Development Meet	Hemel Hempstead	ER191762	3
100 Backstroke	1:26.24	1:27.20	257	09/03/19	Maxwell & Team Unify March Meet	Aylesbury	SE190501	3
200 Backstroke	3:05.46	3:07.30	263	18/05/19	HHSC Spring Development Meet	Hemel Hempstead	ER191762	3
200 Individual Medley	3:00.37	3:02.50	308	19/05/19	HHSC Spring Development Meet	Hemel Hempstead	ER191762	3
400 Individual Medley	7:04.82	7:09.00	226	22/06/17	Hemel Hempstead Club Championships	Hemel Hempstead	ER171344	4
100 Individual Medley	1:24.11	1:24.10	303	09/12/18	Hemel Hempstead Alan Doyle Memorial Sprint Meet	Hemel Hempstead	ER180888	3