

Individual Best Times (All Time)

Ewa Hardaker - (1221092) - Harrogate District SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.83	30.10	449	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
100 Freestyle	1:06.84	1:05.60	463	27/05/18	North East Region Championships	Leeds	NE180152	1
200 Freestyle	2:22.21	2:19.70	499	20/05/17	ASA North East Region Championships	Sunderland	NE170146	1
400 Freestyle	5:04.03	4:59.40	464	05/02/17	Yorkshire SA County Championships	Leeds	NE170141	1
50 Breaststroke	39.05	38.20	416	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Breaststroke	1:27.66	1:26.20	391	02/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
200 Breaststroke	3:08.38	3:05.60	389	27/05/17	ASA North East Region Championships	Sunderland	NE170146	1
50 Butterfly	34.49	33.90	355	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Butterfly	1:20.76	1:19.80	324	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	NE170490	1
50 Backstroke	35.61	35.00	429	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Backstroke	1:19.62	1:18.60	373	01/04/17	City of Sunderland National Qualifier 2017	Sunderland	NE170346	1
200 Individual Medley	2:43.62	2:41.20	457	28/05/17	ASA North East Region Championships	Sunderland	NE170146	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.24	29.90	482	10/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
100 Freestyle	1:03.57	1:04.90	493	19/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
200 Freestyle	2:16.22	2:18.70	531	18/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
400 Freestyle	4:52.21	4:57.00	495	19/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
800 Freestyle	10:22.20	10:31.40	451	18/09/17	Harrogate District Club Championships	Harrogate	NE172040	4
50 Breaststroke	37.28	38.10	440	18/11/17	Wigan BEST Future Stars Open Meet	Wigan	NW171049	2
100 Breaststroke	1:20.81	1:22.40	459	04/02/18	Yorkshire County Championships	Leeds	NE180135	2
200 Breaststroke	2:57.25	3:00.20	437	09/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
50 Butterfly	33.58	34.10	382	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
100 Butterfly	1:14.01	1:15.00	389	15/04/18	Harrogate Spa Town A & B Grade Meet	Harrogate	NE180139	3
200 Butterfly	2:57.00	2:58.80	308	09/10/17	Harrogate District Club Championships	Harrogate	NE172042	4
50 Backstroke	33.99	34.60	409	07/01/18	Harrogate Janus A & B Grade Meet	Harrogate	NE180140	3
100 Backstroke	1:14.28	1:15.40	403	15/04/18	Harrogate Spa Town A & B Grade Meet	Harrogate	NE180139	3
200 Backstroke	2:43.88	2:45.90	382	09/10/17	Harrogate District Club Championships	Harrogate	NE172042	4
200 Individual Medley	2:37.43	2:39.90	463	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
400 Individual Medley	5:49.03	5:54.00	408	11/09/17	Harrogate District Club Championships	Harrogate	NE172039	4
100 Individual Medley	1:13.62	1:13.60	452	28/10/17	ASA North East Region Age Group Championships	Sunderland	NE172046	2