

Individual Best Times (All Time)

Francesca Hallam-Stott - (1221070) - Grantham SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.79	40.30	193	15/04/17	Stocksbridge Spring Open Meet	Sheffield	NE170314	3
100 Freestyle	1:07.98	1:06.70	440	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	EM230151	1
200 Freestyle	2:17.76	2:15.20	549	18/12/22	Northampton SC Winter Festival 2022	Corby	EM221730	1
400 Freestyle	4:43.80	4:38.80	570	07/04/24	Derby Excel April Meet	Sheffield	EM240430	1
800 Freestyle	9:46.84	9:36.90	563	13/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1
1500 Freestyle	18:38.44	18:19.80	557	22/04/23	East Midlands Regional LC Championships 2023	Corby	EM230741	1
50 Breaststroke	55.02	54.40	148	15/04/17	Stocksbridge Spring Open Meet	Sheffield	NE170314	3
100 Breaststroke	1:31.40	1:30.00	345	12/03/23	Derventio eXcel Early March Meet 2023	Sheffield	EM230151	1
200 Breaststroke	3:10.47	3:07.70	376	30/04/23	East Midlands Regional LC Championships 2023	Derby	EM230742	1
50 Butterfly	39.27	38.80	240	06/07/19	Graham Sykes Memorial Gala 2019	Coventry	WM191194	3
100 Butterfly	1:16.18	1:15.20	386	31/07/21	SE East Midlands Festival of Swimming 2021	Nottingham	EM210145	1
200 Butterfly	2:35.55	2:33.50	480	14/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1
50 Backstroke	35.45	34.90	434	20/03/22	Derventio eXcel March Open Meet	Sheffield	EM220103	1
100 Backstroke	1:18.35	1:17.30	391	31/07/21	SE East Midlands Festival of Swimming 2021	Nottingham	EM210145	1
200 Backstroke	2:33.68	2:31.50	514	01/04/23	Derventio eXcel Spring Qualifier Meet 2023	Sheffield	EM230359	1
200 Individual Medley	2:37.62	2:35.10	512	25/06/22	City of Sheffield Swim Squad Team Steel Meet 2022	Sheffield	NE220037	1
400 Individual Medley	5:19.17	5:13.60	578	13/04/24	City of Leeds National Qualifier 2024	Leeds	NE240117	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.28	31.00	434	17/09/22	Grantham SC Club Championships 2022	Grantham	EM221756	3
100 Freestyle	1:03.79	1:05.10	488	03/12/22	Grantham SC Christmas Sprint Meet 2022	Grantham	EM222139	3
200 Freestyle	2:12.82	2:15.40	572	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
400 Freestyle	4:36.99	4:42.00	582	20/11/22	Nova Centurion November Meet	Nottingham	EM220652	2
800 Freestyle	9:30.25	9:40.30	586	18/11/23	NOVA Centurion November Meet 2023	Nottingham	EM231063	2
1500 Freestyle	18:15.65	18:34.30	569	05/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	EM222140	2
50 Breaststroke	39.67	40.50	365	02/12/23	Grantham SC Christmas Snowstorm 2023	Grantham	EM232055	3
100 Breaststroke	1:23.20	1:24.70	421	04/02/23	Lincolnshire County Championships 2023	Louth	EM230060	2
200 Breaststroke	2:55.92	2:58.90	447	28/01/24	Lincolnshire County Championships 2024	Grantham	EM240005	2
50 Butterfly	33.52	34.10	384	24/09/22	Grantham SC Club Championships 2022	Grantham	EM221757	3
100 Butterfly	1:10.70	1:11.80	446	28/01/24	Lincolnshire County Championships 2024	Grantham	EM240005	2
200 Butterfly	2:29.94	2:32.00	507	04/11/23	SE EM Short Course Championships 2023	Nottingham	EM232280	2
50 Backstroke	34.05	34.60	407	13/11/21	Grantham & Deepings Joint Winter Championships 21	Grantham	EM211388	3
100 Backstroke	1:10.58	1:11.70	470	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Backstroke	2:27.33	2:29.60	526	11/06/23	Lincoln Vulcans & Grantham Short Course L3 Meet 23	Grantham	EM230853	3
200 Individual Medley	2:30.64	2:33.20	529	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
400 Individual Medley	5:10.82	5:16.40	578	02/07/23	Rotherham Metro A & B Grade SC Meet 2023	Sheffield	NE230499	3
100 Individual Medley	1:13.53	1:13.50	453	17/09/22	Grantham SC Club Championships 2022	Grantham	EM221756	3